



The Mudpuppy

The official newsletter of the
Barony of Settmour Swamp

AS XLVIII – October 2014



AWARDS

for
SWAMPIES

King Brennan and Queen
Caoilfhionn Recognized
Members of Settmour Swamp

Baroness and Baron Letter

As fall is now upon us, and the days grow shorter, know that peace and prosperity are in the very mud of our beloved Swamp. These are great times to come together, to work on projects, enjoy the bounty of the harvest, and enjoy each other's company. By coming together to celebrate the fall, we as a Barony can plant the bulbs in this hallowed mud that will blossom in the spring.

Come join us at one of our many practices. On Sundays we have Archery, thrown weapons, and A&S at Baroness Jehannine's home. On Tuesdays there is Fencing, A&S and heavy weapons in Glen Gardner. Wednesday is Heavy Weapons in Nutley, and Thursday is Fencing in Springfield. Details for all of these practices can be found on our website calendar or in the Mudpuppy.

Artisans and craftsmen, your skills are needed. We would be delighted to give your works as gifts, to the crown upon their Coronation, or to our cousins in other Baronies upon their investitures, or as tokens and awards for good deeds done.

The Barony needs your help! The Shriners Hall is no more, we need a new place for Mudthaw. Keep your eyes peeled and contact us or our Seneschal if you know of any potential sites so we may move forward in planning our largest event of the year.

This past spring we celebrated Quest at a new site, which was enjoyed by many. We must call out for a new Quest Autocrat. Now that a site is secured this job should not be difficult at all. Please step forward, you can do it! (continued on page 3)



Warren County 4H Renaissance Fair THANKS

Many thanks to all the brave souls who came and helped out at the Warren County 4H Renaissance Faire demo (Sept 5 to 7, 2014), even though the weather on Saturday was hot, humid and stormy.

I need to start with my set up crew of Baroness **Merlinia** and Baroness **Ursula**. Yes, that's right it was just the 3 of us old ladies, but these two dedicated Swampies got done what was needed and will receive my eternal gratitude for their help as well as their friendship.

My kitchen crew this year was **Croebrnat** (another truly wonderful friend) and the aforementioned Merlinia. Even though we were unexpectedly not allowed to have a fire, they managed to miraculously pull off a mini-feast, two days in a row, while still interesting and entertaining the public with the prep work. The actual cooking was done behind the scenes with a little modern magic (crockpots). Merlinia also played her "New World/Old World" food game and educated people about her Viking tent.

Duchess **Kiena** and her horse Brady made a valiant attempt to show their SCA equestrian skills to the local public but the adverse weather conditions proved too much for Brady to overcome and we were all disappointed. I am so sorry we did not get to see them in action but thank them for all their effort and hope that Brady and his mistress are safe in familiar surroundings and recovered from the stress.

Thanks to Lady **Charis** and Don **Orlando** for demonstrating their fighting, fencing and archery skills and to **Juliette** and **Melora** for helping out.

Baron **Erec** gets a big thank you for also demonstrating his fighting skills as well as his carpentry.

Baroness **Jehannine** and Honorable Lord **Thorlaeifr** are much appreciated for organizing the archery and displaying their skills at the butts.

Ursula, although very adversely affected by the nasty heat, still brought delight to young and old with the Maypole dancing Saturday and astonishingly came back to do it again on Sunday. Did I mention dedicated and a true friend?

Sir **Jan**, **Rosamunde** and **Veronica** brought their lovely period pavilion with handmade furniture and games (by Jan) and entertained us with fighting, embroidery and game playing.

Lady **Christiana** and Lord **Rockford** also brought their period canopy and displayed their skills with archery and spinning.

Our Arts and Sciences were further represented by Lady **Judith** with teaching interested parties how to make lucet cord. Lady **Ceara** demonstrated the art of calligraphy and Lady **Karin** made many people happy making beautiful jewelry. Jehannine also

displayed some finished articles.

Thanks to Lady **Maerhild** and Erec for manning the Chatelaine position and disseminating information about the SCA to the fairgoers. They gathered contact information from many prospective SCA members, one of which is a former professional chef and very interested in joining and cooking.

Various additional support was provided by **Constantine**, **Daishi**, **Rachilde** and **Alan** and probably a few more that I can't remember or just missed.

The clean up and pack up crew who stayed to the end after everyone else was fed and gone consisted of Croebrnat, Merlinia, Erec, Jehannine, Master **Phillip**, and **Awndreuis**. I couldn't survive without them. Too bad they are not here to help unpack my car which is what I need to do next. So I must end this list now even though it is probably incomplete, but I am counting on you to help me with this one last thing and send any corrections or additions that you can think of.

Thank you all for one of the best demos ever. The Swamp Rocks!

Baroness Rhiannon De Carreg Cennen
chamberlain@settmourswamp



Baroness and Baron Letter (continued)

Do you like to cook? We are also in need of a feastocrat for Quest for Saturday night's feast. This would be a great opportunity, there is a large spacious kitchen, and a fully covered pavilion with tables for feast.

There are so many ways you can get involved. If you have an idea for an event, please contact us so we can support you to help make it happen. A great way to meet people is to volunteer, events require many hands to help make them run smoothly. Consider working at troll, or organizing a class or activity for the Barony, or help with a baronial project or two.

Her Excellency will be at coronation this coming Saturday in Bergental, if you are there please consider attending her. Both of us will be at 100 Minutes War, where we will again be in need of retainers. We hope to see you at these events and practices.

Your Baron and Baroness,

Baron Erec and Baroness Jehannine

Seneschal Notes

Greetings to the Swamp!

Another month has passed. Many accolades have been awarded to members of our Barony and to all I say Vivant!!! I would like to thank Rhiannon and all those who participated in the Warren County 4H Fair/ demo for all their hard work in putting together a great demo.

Our weekly practices are all running strong so if you are interested in heavy fighting, fencing, archery or A&S activities visit the Baronial web site or look to the end of the Mudpuppy and find a practice close to you. Our marshals welcome new participants and old alike.

In November three of our offices

will be up for election, A&S minister, Captain of Archers and Web minister. If you are interested in any of these positions please let me know or contact the current officer. Deputy positions are also a good way to get started and learn more about how our Barony is run behind the scenes.

We continue to actively search for a new site for next year's **Mudthaw** and bids are being accepted for Autocrat positions for both Mudthaw and **Quest** for 2015. We also welcome any proposals for new events, if you have an idea for an event feel free to contact me or come to an officers meeting and present it.

Our next officer's meeting will be held on Oct. 8th at the home of Mistress Caterina Giaocchini, in Morristown, NJ. Contact Caterina at:

mas@settmourswamp.eastkingdom.org

In an effort to open our meetings up to as many baronial residents as possible we will be holding our November meeting on a Sunday (date and time to be determined).

As always everyone is welcome to join us for our monthly meetings.

Yours in Service,
Charis

Seneschale



Tuesday Night Fighting & Rapier Practice & A&S

The **heavy weapon practice** and **rapier practice** meets most Tuesday nights.

We will also be hosting an **Arts & Science (A&S) gathering** to work on various projects for the Swamp. Or just come and watch, or bring a project of your own. All are welcome. There will be fencing and room for heavy weapons practice, if a marshal is available.

Contact [Orlando](#) with questions.

Location:

The Glen Gardner Youth Center
16 Hampton Rd
Glen Gardner, NJ, 08826

Time:

7:30 pm-9:30pm

Suggested Donation:

\$7 per person



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Culinary Institute of America (CIA), Day Trip

Greeting to the food and cooking geeks of the Swamp!

I'm planning a Saturday field trip for those with culinary interests. The library of the **Culinary Institute of America (CIA)**, located in Hyde Park NY, has an outstanding collection of cookbooks historical and modern. Judith and I have been there, so we have some familiarity with the facilities. I'd like to get a small group together for a bit of focused library research.

Hyde Park is about 1 1/2 hours from the Morristown area, so it's maybe 2 - 2 1/2 hours for those who live in

the more southern and western reaches of the Barony. The CIA also has several outstanding restaurants on campus, two of which are open on Saturdays, so we could select one for lunch.

I'm thinking that about a dozen folks is the largest group that would work well -- no librarians are on duty on Saturdays at the Culinary Institute, so I'd be serving as the research guide/reference librarian for this expedition. Finally, because we'd almost certainly need to make reservations for whichever restaurant we go to, I'll want a fairly solid head count by a

week before we go.

I'm looking at Saturday 11/8 for this trip, with 12/6 as a back-up date. I'll post more information once I get a sense of how many folks are interested in coming.

-- **Galefridus**

For more information visit the Culinary Institute webpage.

<http://www.ciachef.edu/newyork/>

Chronicler Notes

The October issue of the Mudpuppy is devoted to the many awards received by members of Settmour Swamp at River War and at the Lady of the Rose Tournament.

Thanks to the many **photographers** who generously allowed their work to be published in the Mudpuppy. The full list of photographers is on page 33 to 34. Twenty photographers and/or artists contributed their work to this issue.

Returning this month is "**Milton the Mudpuppy**" advice column and "**Upon my Chopping Block**" cooking/food/wine column.

If you have a new or old story of the Swamp to tell, please send it to me.

Thanks to Ceara and Peter for encouragement, and excellent proofreading.

Baroness Ursula of North Woods,

[Chronicler](#)



3.

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Awards for Members of Settmour Swamp—Lady of Rose

Please join us in congratulating our own **Malcolm Bowman** and **Alys Mackyntoich**. Malcolm was made a Baron of their Majesties court, and Alys was given the King's Esteem of Merit, this past weekend (September 20, 2014) at the Lady of the Rose Tournament. Vivant!

-Baron Erec and Baroness Jehannine

Awards for Members of Settmour Swamp—River War

Greetings unto all,

This past weekend (September 13, 2014) River Wars took place in the Barony of Iron Bog, and even though the rains tried to dampen the day, the glory of the East Kingdom shone through. It was truly an honor to see so many people from Settmour Swamp be recognized for their service and dedication to the East Kingdom, so we send out our Vivants to you all!

Karen Jacobsdottir received a Queen's Honor of Distinction for her work on tokens for Pennsic. **Amanda** and **Serena** of Settmour Swamp received Tyger's Cubs.

Miles Boweman for his AoA and becoming Lord Miles.

Aziza al-Shirazi for her AoA and becoming Lady Aziza.

Margery Winthrop for her AoA and becoming Lady Margery

Devillin (formerly Sean) MacPherson for joining the illustrious Order of the Golden Rapier.

Gautselin Raedwulf was honored with a Queen's cypher and a Grant of Arms making her the Honorable Gautselin.

Aibhilin Fhionn was awarded a Queen's cypher and a Grant of Arms becoming the Honorable Lady Aibhilin.

Thorlaeifr Hvitskegg for being awarded a Tailor to the Crown and a Grant of Arms and becoming the Honorable Lord Thorlaeifr.

Owynn Greenwood for receiving a Court Barony, and becoming Baron Owynn.

We would also like to acknowledge that **Miles Boweman** ran the thrown weapons range, **Charitye Dale** who prepared the day-board for the event, and **Charis Accipiter** who prepared the feast.

Baroness Jehannine and Baron Erec

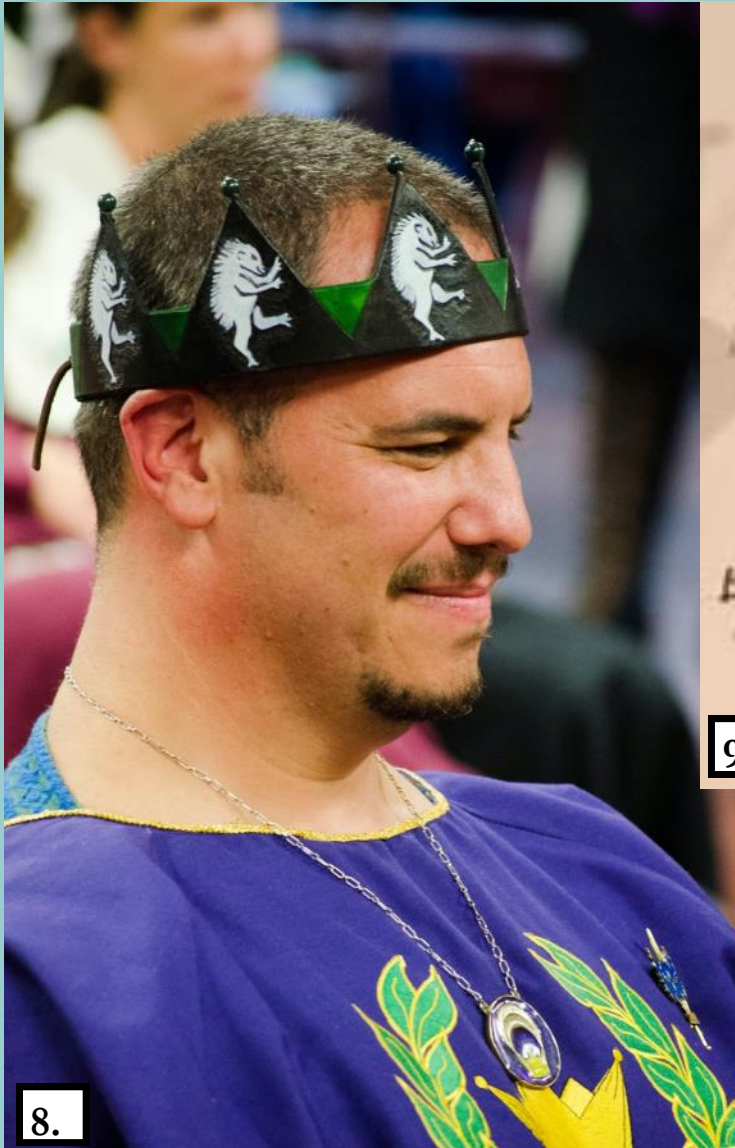




Awards for Members of Settmour Swamp—Lady of Rose

Alys Mackyntoich was given the King's Esteem of Merit, at the [Lady of the Rose Tournament](#) (September 20, 2014) . Alys prefers to not have her photograph published.

Malcolm Bowman received a Court Barony, at the [Lady of the Rose Tournament](#) (September 20, 2014) to become Baron Malcolm.



More photos from the Ladies of the Rose tournament were generously posted to Google by Lavina Attewode:

<https://plus.google.com/app/basic/photos/105451068894070626350/album/6062321021857934849>



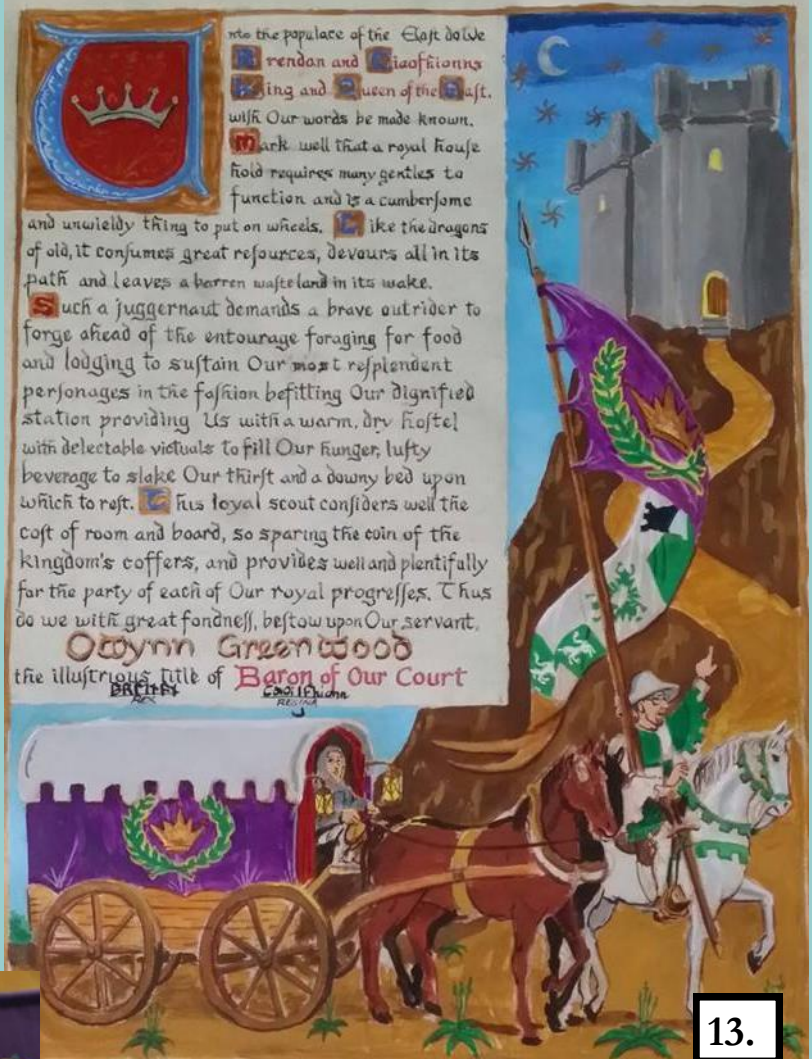
Awards for Members of Settmour Swamp—River War

Owynn Greenwood received a Court Barony, and became Baron Owynn.



12.

Eye of the Beholder Studios - 2014



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Awards for Members of Settmour Swamp—River War

Thorlaeifr Hvitskegg was awarded a Tailor to the Crown and a Grant of Arms and became the Honorable Lord Thorlaeifr.

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Awards for Members of Settmour Swamp—River War

Aibhilin Fhionn was awarded a Queen's Cypher and a Grant of Arms becoming the Honorable Lady Aibhilin.





Awards for Members of Settmour Swamp—River War

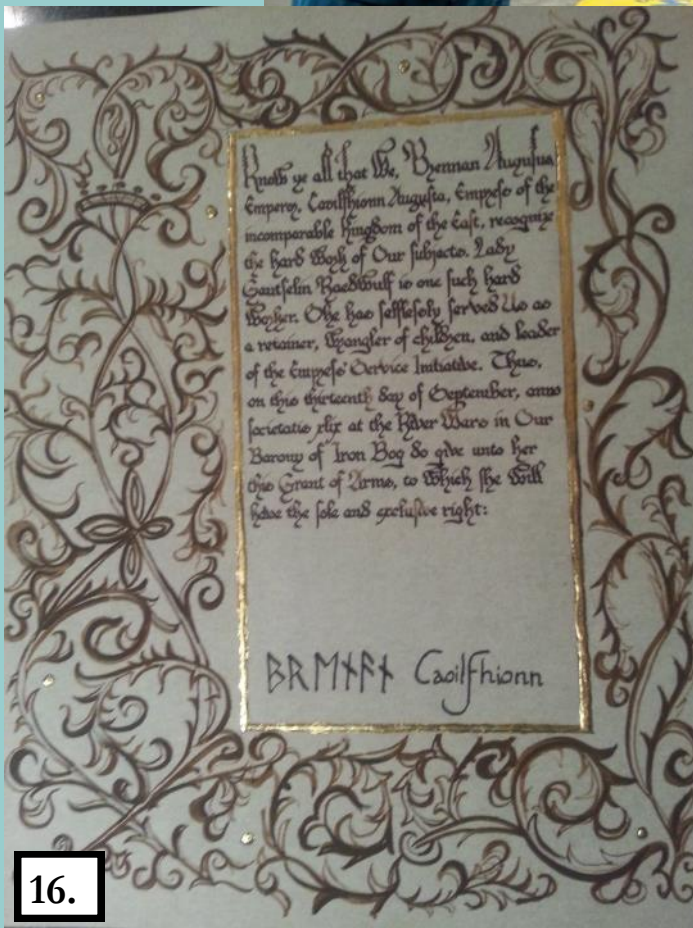
Gautselin Raedwulf was honored with a Queen's Cypher and a Grant of Arms making her the Honorable Lady Gautselin.



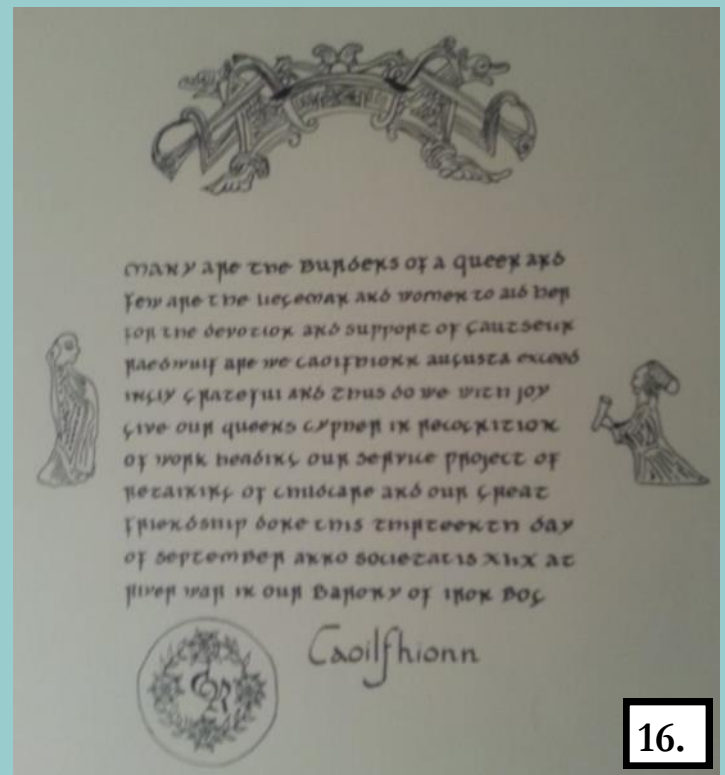
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Awards for Members of Settmour Swamp—River War

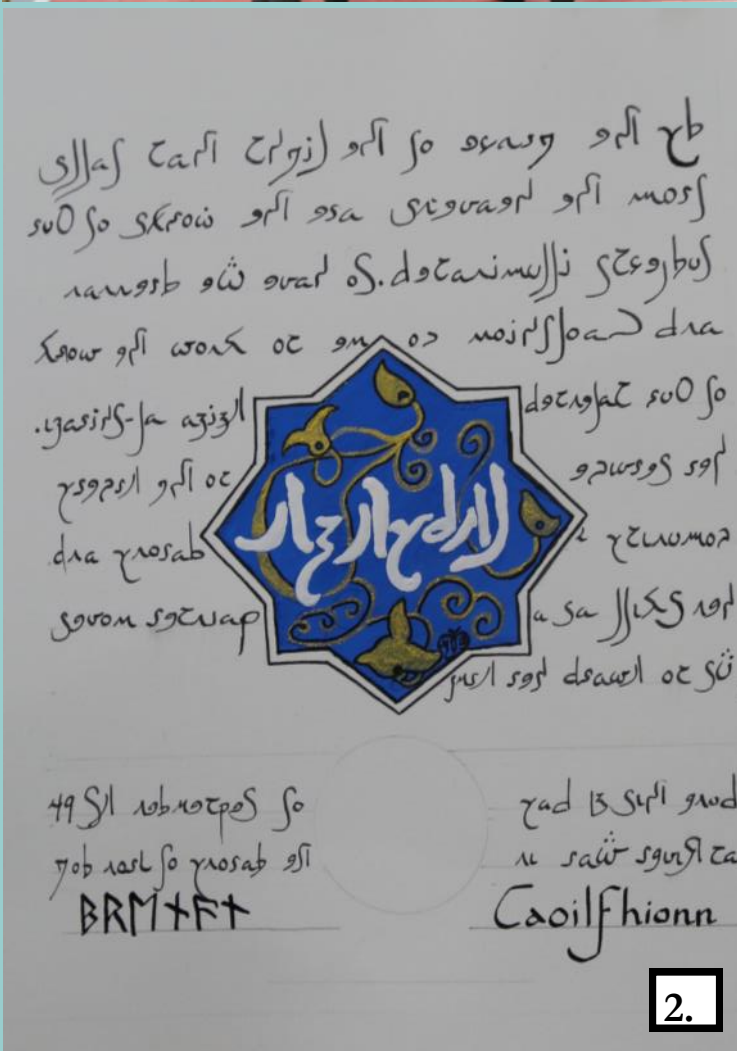
Devillin (formerly Sean) MacPherson joined the illustrious Order of the Golden Rapier.





Awards for Members of Settmour Swamp—River War

Aziza al-Shirazi was given her AoA and became Lady Aziza.

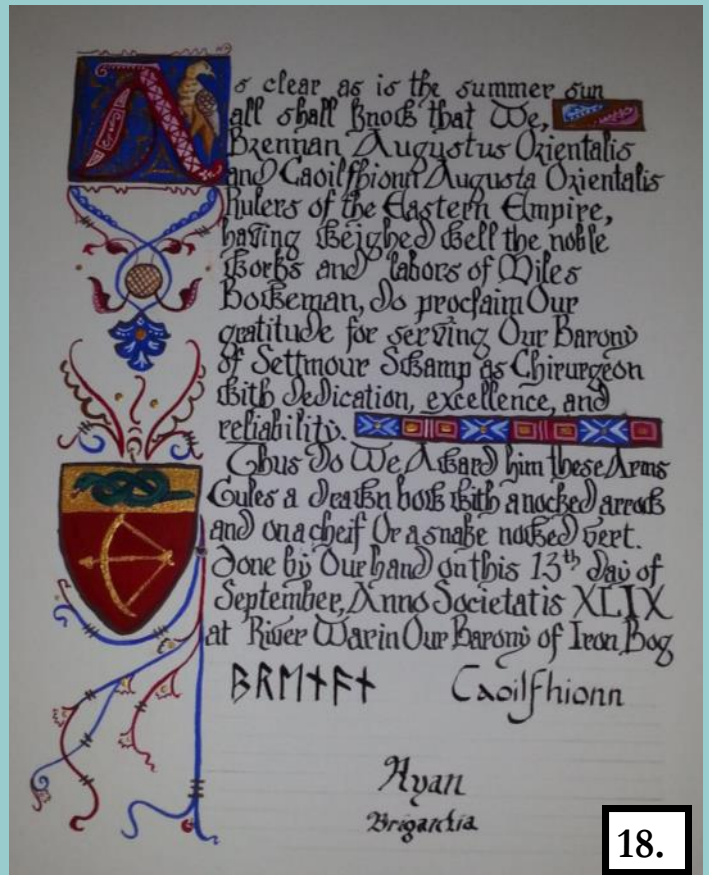




Awards for Members of Settmour Swamp—River War

Miles Boweman received his AoA and became Lord Miles.

Miles commented: "I thought I was going up for my Master Bowman award"





Awards for Members of Settmour Swamp—River War

Amanda and **Serena** of Settmour Swamp received Tyger's Cubs.

14.



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14.



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Awards for Members of Settmour Swamp—River War

Karin Jacobsdotter received a Queen's Honor of Distinction for her work on tokens for Pennsic.



Margery Winthrop received her AoA and became Lady Margery.





Tell Me a Story (Cool Stuff from Swamp Members)

This column highlights photos and amusing anecdotes that tell the current stories of the Barony of Settmour Swamp.

Lady of the Rose tournament

This is a bout between Sir Culann Mac Cianain (on the left) and Duke Gregor Von Heisler (on the right), at the Lady of the Rose Tournament (September 20, 2014) .

Sir Culann wanted to fight Great Sword, which His Grace's favorite weapon form. This was a best 2 out of 3 fight where Sir Culann won the first and Duke Gregor won the second two. Both gentlemen practice at the Settmour Swamp Nutley practice on Wednesday Night. (see current Swamp activities on page 31)

Duchess Kiena Stewart





Ask Milton the Mudpuppy

5.

Dear Milton,

I'm not into killing other people. Is there anything martial that means I don't need to stab someone?

Pondering in Princeton

Dear Princeton:

There are plenty of martial activities that do not need you to stab someone and get blood all over the place.

(Terrible stuff to get out of velvet. Far worse than mud.) Let's take a bit of a look at several of them - in no particular order.

Let's begin with **Thrown Weapons**. This is practiced against target butts - either of wood or of straw bales. Axes and knives are thrown at wood targets - cross sections of a tree trunk. Spears are thrown at hay bales. This is done from ten feet away, 20 feet away. There may be some challenges that extend to a 30 foot line. There can be moving targets, high targets, low targets, large or small; then there are the types of axes, knives, and other things to throw (I have a friend or two who giggle

hysterically when they throw something called a "pizza wheel") It is always a wonderful challenge, and a great deal of fun.

6.



Next we have **siege weapons**. This is your ballista and catapults. What person has not watched these in a movie and thought making one would be a "blast"? Well, now you can. These are most often seen at the larger events, but they are fun. I recommend seeking out your Kingdom Marshal of Siege - or Knight Marshal for more information on this.

Finally - **Archery**. I saved this for the last as there are two parts -- Combat and Target. Combat archery means you wear the same sort of gear as the heavy fighters, but you deal death

from a distance and do not get hit yourself. (Unless, of course, you choose to!) Think of this as a sort of live action Space Invaders game with

special arrows. Target archery is just that - shooting arrows at a target. This is often hay bales with a target (traditional bullseye or something else) on it. The shoots for this can range from monsters, to stuffed animals, to

dragons and other creatures.

So, you see - there are several options for non-bleeding martial activities.

Give them a try and have fun!

Yours,

Milton

Please feel free to send me your questions regardless of how odd they may seem and I'll do my best to help. You can reach me via the inter-web-thingie at

MiltonMudpuppy (at) gmail.com



How to set a Cabochon using a Bezel

Introduction In this tutorial for beginners, I will explain how to fabricate a bezel from fine silver or copper

By Karin Jacobsdotter 11.

bezel wire to set a stone cabochon on a flat sheet of sterling silver, copper or brass. I have tried to suggest inexpensive tools and supplies mostly available from supermarkets, dollar stores, hardware stores and box stores (such as Walmart). I will provide URLs for vendors that sell silver solder, metal for making jewelry, and jewelers tools not available elsewhere.

I will discuss:

Materials and tools for making bezels and soldering.

Measuring the bezel using the cabochon to be set.

Soldering the ends of bezel together using silver solder and a torch.

Preparing metal surfaces with mallets and sandpaper to flatten and clean them.

Soldering the bezel on to the metal surface.

Cleaning and finishing the piece with sand paper.

Setting the cabochon.

Materials and tools

- Red brass, copper or sterling silver item cut from 22 to 18 gauge sheet. Red brass is 15% zinc and easy to work with; by comparison, yellow brass is 30% zinc and is often brittle. Sterling is 92.5% silver.
- 28 or 26 gauge copper or fine silver ribbon. Fine silver is 99%+ silver and soft.
- Stone cabochon, round or fat oval, minimum 10 mm maximum 25 mm. If this is the first time you are bezel-setting a stone, a cabochon in this range is easiest to work with.
- Metal shears
- Mallet
- Mandrel
- Bench block, any very flat piece of steel polished smooth
- Soldering supplies
- Plastic bezel pusher, such as an old toothbrush handle
- Metal bezel pusher and burnisher



Mandrel



Bezel (or prong) pusher



Burnisher



How to set a Cabochon using a Bezel (continued)

Soldering supplies

- Sand paper
- Silver solder wire
- Nippers to cut solder wire
- Fire resistant surface, fire brick splits are less than \$2 each from a masonry supplier.
- Tweezers
- Cheap paint brushes
- Flux, recipe follows.
- Pickle, recipe follows, in a jar.
- Clean water in a jar.
- Cheap cotter pins
- Torch, plumber's propane or Mapp gas torch are adequate for **small** projects.
- Lighter, striker, matches, etc.
- Pokers, such as dental picks, 6" pieces of coat hanger wire with a wooden handle, etc.
- Plastic or wood tweezers or chopsticks to pull items out of the pickle
- Old toothbrush.

Flux for hard soldering:

3 parts (by volume) boric acid
2 parts borax
2 parts trisodium phosphate (TSP)
Enough water to make a slurry.

Note: Borax and water slurry is also a good flux for hard soldering.

Pickle for cleaning soldered copper, brass and silver:

Sodium hydrogen sulfate (used in swimming pools to adjust pH, I use "pH minus" from Walmart). Put 2 tablespoons of the crystals in an old 8-12 oz glass jar, then dissolve in ½ cup water. Optional, heat to about 150°F (65°C), a mug warmer will work. Add more water as it evaporates. Sparex pickle from jewelers suppliers is the same chemical, just much more expensive.



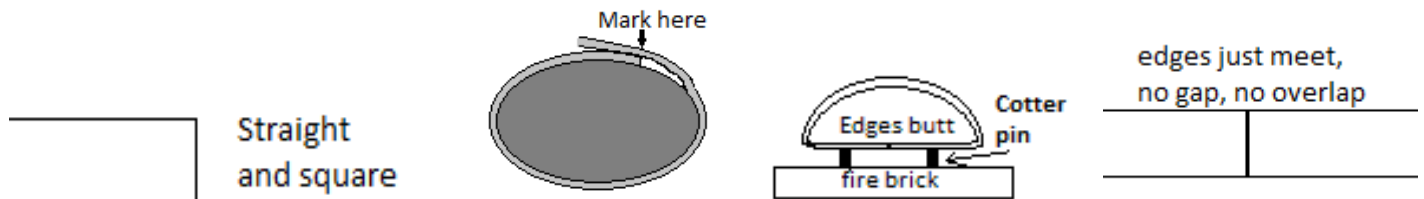
How to set a Cabochon using a Bezel (continued)

Measuring the bezel

Ensure that the end of the silver or copper ribbon is straight and exactly square. Wrap the copper ribbon snugly around the cabochon, and mark where the end meets the ribbon. Cut the ribbon with metal shears or nippers.

Solder the ends of bezel together using silver solder and a torch

Bend the ribbon into a rough half moon shape; the edges of the ribbon should meet almost perfectly, no gap or overlap.



Open a cotter pin and put it on the fire brick. Balance the bezel on the cotter pin. Apply flux to the seam at the ribbon edges with a little paint brush. Cut a tiny piece of the **hard** silver solder with nipper and place it right on the seam using tweezers.

Silver solder comes with different melting points:

hard mp 1330°F (720°C),

medium mp 1265°F (685°C),

easy mp 1235°F (668°C),

extra easy mp 1145°F (618°C).

The bezel is soldered with hard solder to ensure the seam doesn't melt when the bezel is soldered to sheet metal with easy or extra easy solder. Silver solder does not fill gaps, seams must be tight.

Light the torch, and adjust the flame so that the central blue flame is between 0.5 to 1 inch long. Hold the torch with your non-dominant hand and a poker in your dominant hand. Gently heat the bezel to dry the flux without moving the bit of solder at the seam. If the solder moves, move it back to the seam with the poker. The flux will turn crusty white when it is dry. At this point move the torch tip so that the central blue flame is about 0.25" from the bezel seam; this is the hottest part of the flame. Move the torch tip slightly so that both edges of the bezel are heated evenly. If one side is heated more than the other, the solder will flow to that side of the bezel and not wet the seam. Sometimes the melted solder can be pushed into the seam with a poker. As soon as the solder wets into the seam, remove the flame. Wait about 5 seconds, then cool the bezel in the jar of water. Put the bezel in the pickle jar.



How to set a Cabochon using a Bezel (continued)

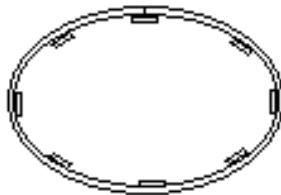
Prepare metal surfaces with mallets and sandpaper to flatten and clean them.

Put the sheet metal item on a bench block (or any hard flat surface) and pound it flat with a plastic, rubber or rawhide mallet. Sand the top surface of the metal so any oxide on the metal surface is removed and the surface is very flat. When the bezel is clean, pull it out of the pickle using non-metallic tweezers (or chopsticks). Never put steel in the pickle; this causes copper to come out of solution and makes a mess. Rinse the bezel in clean water and dry it.

Put the bezel on a mandrel and hammer it gently with a plastic, rubber or rawhide mallet. Be sure to hammer the seam flat. Gently push your bezel to fit your cabochon. The stone should fit through the bezel easily, but not be too loose. Sand the bottom edge of the bezel until it is flat and mates the surface of the sheet metal item so that there are **no gaps** between the bezel and the sheet metal.

Solder the bezel on to the metal surface

Put some cotter pins on the fire brick to support the sheet metal during soldering. Put the sheet metal item on the pins, and apply flux to the entire top surface of the item. Put the bezel on the item. For an 18 X 25 mm bezel, cut eight to ten 3/16" pieces of extra easy solder. For smaller bezels, use less solder. Using tweezers, distribute the solder pieces on the inside seam of the bezel to the sheet metal item.



Light the torch, and adjust the flame so that the central blue flame is between 0.5 to 1 inch long. Hold the torch with your non-dominant hand and a poker in your dominant hand. Gently heat the whole piece to dry the flux without moving the bits of solder at the seam. If the solder moves, move it back to the seam with the poker. The flux will turn crusty white when it is dry. Adjust the gas until the flame is 1.5 to 2 inches long. Move the torch tip so that the central blue flame is about 0.25" from metal surface and move the torch slowly over the entire piece to heat it evenly. Heat the underside by directing the flame between the cotter pins. Don't over heat the bezel; if you do the solder will flow only on the bezel and not on the metal item. The solder should flow around the whole seam of the bezel to the brass. If a little part of the seam doesn't wet, stroke that part with a poker to help it along. When the seam is completely wet, remove the heat. Wait about 5 seconds, then cool the piece in the jar of water. Put the piece in the pickle jar.



How to set a Cabochon using a Bezel (continued)

Clean and finish the piece with sand paper

When the piece is free of oxide and flux, pull it out of the pickle. Rinse it in clean water and dry it. Scrub the piece with a toothbrush to remove any loose material. Clean any dirt, scratches and excess solder away with fine sand paper.

At this point, if you want to apply a stamped pattern on the piece, do it. If you prefer, the piece can be left smooth.

If any findings, such as bails for pendants, pin backs etc., need to be prepared and /or attached, do it before setting the stone. If the piece is to be polished on a wheel buff, do it after taking care of the finding and before setting the stone.

Set the cabochon

Sand the top of the bezel so it is smooth. The bezel should just fold over the edges of the cabochon to hold it in place. Often some padding needs to be added inside the bezel to raise the stone. Cardboard, sawdust, and wire are used to do this. If your cabochon is transparent or translucent a bit of aluminum foil or other silver colored material is put over sawdust or cardboard padding to reflect light through the cabochon. Place sawdust, cardboard pieces a bit smaller than the opening of the bezel or other padding until the bezel is an 1/8 to 1/16" over the bottom of the cabochon. If the cabochon is transparent or translucent cut a piece of aluminum foil to place over unattractive padding. Put the cabochon in the bezel squish it down a little. Take the plastic bezel pusher and push the bezel over at the 12 o'clock position, then 6 o'clock, then 3 and 9. Keep pushing the bezel over until it is completely folded over as much as possible with a plastic tool. Switch to the metal pusher and push the bezel tightly and smoothly to the stone. If the bezel is a little messy, tidy it up with a burnisher.

The stone is set!





How to set a Cabochon using a Bezel (continued)

Places to buy silver solder, metal and jewelers tools:

Contenti

www.contenti.com

Metalliferous (In NYC)

www.metalliferous.com

Monsterslayer

www.monsterslayer.com

Rio Grande (Expensive, but they have everything at one place)

www.riogrande.com/JewelrySupplies

How to contact me:

Karin Jacobsdotter / mka Karen Tellefsen

kat2@mindspring.com

11.





UPON MY CHOPPING BLOCK

4.

- a mad chefs view of the S.C.A. An occasional article by Perote Gormal Campbell

Crisp nights creep in as the threat of ghouls and other horrors again surface.

Fall has arrived and amid the talk of pumpkins and corn mazes, a mad chef's mind turns to the noble

apple.

Our local market will be carrying anywhere from 6 to a dozen varieties, and every orchard you can visit will do nearly the same. Like most cooking adventures apples have a few rules that are flexible, and a few that are a bit rigid. Don't let the rules get you down as there is plenty of wiggle room and lots of fun to be found in the grove of trees.

Generally speaking, different apples are better for different applications. The firmer the fruit the longer it will generally keep its shape for projects like baking. Sauce can be made out of just

about anything, and for eating out of hand just about anything that fits your hand will work. Let's start with the common ones you are likely to find and spark the imagination.



4.

Granny Smith is also a very common lady at your local market. Think of her as a bingo granny. She starts out tart and firm, but 4 games in she can be a sweet little lady. I like to have her hang around most of my dishes. Adults find her a great apple to eat from hand, she mellows into a sauce with ease and slices hold up well in pie or the dehydrator.

Crispin (or Mutsu) are becoming more common by the day. Slow cooking is their friend. They are large and tender. A blend

Delicious come in red and yellow skinned varieties. They are sweet enough and soft enough that most kids will jump thru hoops for one. I like to add a few slices to my pies, and a few to my sauces because they break down so

of tart and sweet where ripeness can bring them from mildly tart to almost as sweet as golden delicious. Most of my sauce/butter production comes from them, and honestly next to Granny Smiths they are my favorite eating apple for hikes in the fall.



UPON MY CHOPPING BLOCK (continued)

Lords and ladies, let's get practical. You just came home from "Uncle Bob's U-Pik-It" with nearly 25 lbs of apples, 2 passed out kids, a gallon of cold cider and a few hand painted pumpkins by your junior illuminators. Don't even think about cooking now, set your apples out on the counter overnight and get some rest. You deserve it.

Apple butter-

5 lbs mixed apples

1 pint apple cider

1 cup turbinado sugar

Juice 1/2 lemon

1 tsp lemon zest

1 tbs cinnamon

**1/2 tsp candied ginger
or 1/4 tsp powder
ginger**

1/4 tsp nutmeg.

Next morning break out the old kitchen scale and pull out about 5 lbs of your harvest. Find the ones with "a little love on them" you know, the ones that got bruised while driving home. Peel and core them, leave them in big chunks and break out your cider.

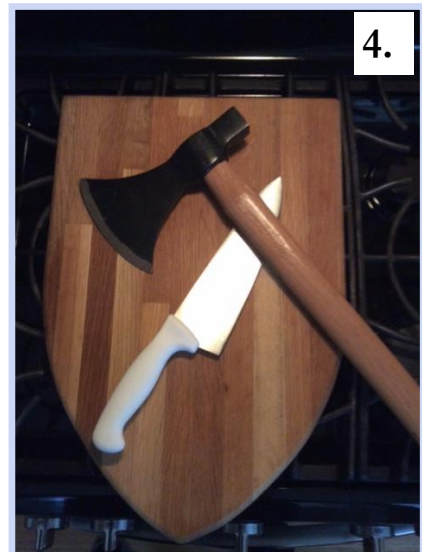
Add them both to a large pot and set them to simmer for about an hour. You want them to just start to break down like applesauce, your liquid should have reduced by half.

Mash your pot down to a smooth consistency with your potato masher or your immersion blender.

Add in your seasonings and sugar and bring it to a boil. Reduce your heat and simmer until you have a warm mass of deep brown thick spread. This can take anywhere from an hour to 90 minutes.

Pour it into sanitized jars and can using your preferred method, or pop it into your refrigerator for up to 2 weeks.

Perote



Chronicler's Note: Perote was the head **feast** chef for the **Quest** for Wit and Wisdom.



Baronial Tip from Our Baroness and Baron

Not sure how you can volunteer?

Come talk to us and we can help you figure it out!

Baroness Jehannine

and

Baron Erec



22.

Baronial Tip from Our Knight Marshal

Greetings!

This past War Season has seen many great things: victory at Pennsic, our Barony turning thirty-five, new fighters who have taken the field, and many acts of valor which were performed.

On these last two points I want to remind everyone of our **Iron Tower**. When you see a fighter compete well, put in hard work at

practices, and display acts of Chivalry; let us know!

Contact myself, our Baron and Baroness, or any of our Officers, so we can give recognition where it is due.

Yours in Service,

Baron Wulfgar Silfrahaar

Knight Marshal



21.

Chronicler Tip from Ursula

My response to a statement that newsletters are a "dying media":

I don't think newsletters are a dying media. Facebook is totally ephemeral; something is posted and then vanishes into the mists. More importantly, newsletters document, highlight and honor local activities, contributions and history. A seamstress in our Barony may not be internationally famous or be the top hit on a Google search, but her work is still

worthy of recognition and sharing with others. Our newsletter highlights what is happening in our Barony. If the newsletter, does not document and honor local contributions, they remain invisible. By reading other newsletters, I can find wonderful articles that would otherwise escape my notice. We are a history organization. We need to honor our **OWN history**.

Baroness Ursula of North Woods

Chronicler



21.



The Officers Of Settmour Swamp

Baron	Baron Erec L'Claire baron@settmourswamp.eastkingdom.org (908) 268-0725 (before 9pm)	Invested March 2013 Expires March 2017
Baroness	Baroness Jehannine de Flandres baroness@settmourswamp.eastkingdom.org (908) 319-0765	Invested March 2013 Expires March 2017
Seneschale	Lady Charis Accipiter charisacci@comcast.net (908) 850-8690 (No calls after 9pm)	Elected June 2014 Expires June 2016
Sinking Tower Pursivant	Lord Orlando Sforza herald@settmourswamp.eastkingdom.org	Elected October 2013 Expires October 2015
Knight Marshal	Baron Wulfar Silfrahaar (Silverbraid) marshal@settmourswamp.eastkingdom.org	Elected January 2014 Expires January 2016
Exchequer	Ryan (Acting) exchequer@settmourswamp.eastkingdom.org	Term Expired: February 2013 (Acting) Month to Month
Chronicler	Baroness Ursula of North Woods chronicler@settmourswamp.eastkingdom.org	Elected March 2014 Expires March 2016
Chirurgeon	Lord Miles Boweman chirurgeon@settmourswamp.eastkingdom.org	Elected March 2013 Expires March 2015
Web Minister	Lord Dalek Bolotnikov webmaster@settmourswamp.eastkingdom.org	Renewed November 2012 Expires November 2014
Mistress of A&S	Mistress Caterina Giaocchini mas@settmourswamp.eastkingdom.org	Elected October 2012 Expires October 2014
Mistress of The Lists (MoL)	Lady Ceara MacKieran mol@settmourswamp.eastkingdom.org	Elected March 2013 Expires March 2015
Chatelaine	Baron Don Malcolm Bowman chatelaine@settmourswamp.eastkingdom.org	Elected February 2013 Expires February 2015
Marshal of Fence	Lady Jehane de Fenwyk fencing@settmourswamp.eastkingdom.org	Renewed April 2014 Expires March 2016
Captain of Archers	Honorable Lord Thorlaeifr Hvitskegg archery@settmourswamp.eastkingdom.org (908) 406-0143 (No calls after 9pm)	Renewed October 2012 Expires October 2014
Chamberlain	Baroness Rhiannon de Carreg Cennen chamberlain@settmourswamp.eastkingdom.org	Renewed October 2013 Expires October 2015



The Officers Of Settmour Swamp (continued)

Youth Combat	Vacant	Vacant
Chancellors Minor	Vacant	Vacant (organize activities for children and teenagers)
Thrown Weapons	Vacant	Vacant
Canton of Gryphonwald (Middlesex Cty, NJ): Seneschal:	Failenn Finn gryphonwald@settmourswamp.eastkingdom.org	The Canton of Gryphonwald holds BGI (Black Gryphon Inn)
Canton of Marwick (Union County, NJ): Seneschal	Baron Edmund Patterson	The Canton of Marwick is inactive



**BGI
2012**

21



21.



21.



21.



21.

**BGI
2014**



22.



Did You Know:

The **East Kingdom Calendar**

<http://www.eastkingdom.org/EventListing.html>

- lists all official **events** and up to date information and registration details.

SCA tapestry history AS I - Bomticc Tapestry

<http://carrotkhan.webs.com/asi.htm>

This is a wonderful way to learn some of the history of the SCA as an organization.



Society for Creative Anachronism **Newcomer's Portal:**

<http://welcome.sca.org/>

A **Newcomer's Guide** to the SCA:

<http://www.sca.org/officers/chatelain/pdf/NewcomersGuidePages-low.pdf>



Combat	Date/Time	Location	Contact	Notes
Fighter Practice	Wednesdays 6:30pm - 10:00 pm	Nutley, NJ. Franklin Reformed Church, 45 Hillside Crescent Nutley, NJ 07110	Wulfar Silfrahaar marshal@settmourswamp.eas tkingdom.org	Other fight practices: Fighter Practice group at Yahoo!Groups
Fighter Practice	Tuesday evenings 7:30 tp 9:00	Glen Gardner Youth Center 16 Hampton Rd Glen Gardner, NJ, 08826	Wulfar Silfrahaar marshal@settmourswamp.eas tkingdom.org	Also fencing and Arts& Science; suggested Donation \$7
Fencing Practice	Thursdays, 7:30pm - 10:00pm	Springfield, NJ Fencing Sport Center 4 Commerce Street Springfield, NJ 07081	Owynn Greenwood owynn.greenwood@gmail.com 908-447-2979	Fee: \$5 per participant
Fencing Practice	Tuesday evenings 7:30 tp 9:00	Glen Gardner Youth Center 16 Hampton Rd Glen Gardner, NJ 08826		Also heavy fighting and Arts& Science; suggested Donation \$7
Archery Practice	Sundays 1:00pm - 4:00pm	Milford, NJ 310 Milford-Warren Glen Rd. (Rt. 519), Milford, NJ 08848 (908)995-4417	Jehannine de Flandres baroness@settmourswamp.ea stkingdom.org Phillip the Facetious	
Thrown Weapons Practice	Sundays 1:00pm - 4:00pm	Milford, NJ 310 Milford-Warren Glen Rd. (Rt. 519), Milford, NJ 08848 (908)995-4417	Jehannine de Flandres baroness@settmourswamp.ea stkingdom.org Phillip the Facetious	Please email for directions.
Thrown Weapons Practice	First and Third Tuesdays of every month	Maplewood, NJ	James of York (contact via Merlinia) merliniajws@gmail.com (973) 762-2554	Please email for directions.



Art	Date/ Time	Location	Contact	Notes
Swamp Cats	Evenings TBD	Announced on the Yahoo email list	Rhiannon De Carreg Cennen chamberlain@settmourswamp.eastkingdom.org	Occasional Meetings to Share Art Projects
Dancing	Evenings TBD	Glen Gardner , NJ (same location as fencing)	Ursula of North Woods chronicler@settmourswamp.eastkingdom.org	Occasional Practices
Archery Practice	Wednesday evenings May through October	Pittstown, NJ	Elizabeth Hawkwood hawkwoode@gmail.com	Occasional Practices Please email for directions.

An electronic listing of **activities and events** is available on the Barony website:

<http://settmourswamp.eastkingdom.org/events.html>

Courtesy copies are sent to:

chronicler@eastkingdom.org
historian@eastkingdom.org
king@eastkingdom.org
prince@eastkingdom.org
princess@eastkingdom.org
queen@eastkingdom.org
seneschal@eastkingdom.org
archivist@sca.org

Publication release forms:

<http://www.sca.org/docs/library.html>
<http://www.sca.org/docs/pdf/ReleaseFormsFAQsPRINT.pdf>

Links:

[The Barony Of Settmour Swamp](#)
[Settmour Swamp On Facebook](#)
[Settmour Rapier On Facebook](#)
[Canton of Gryphonwald](#)
[East Kingdom Website](#)
[SCA Membership](#)



SCA-required release forms must be signed for most submissions, including art, articles, recipes, poetry or maps. The Chronicler collects and stores the signed forms.

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1.

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[EK Local Chronicler Policies](#)

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