



The Mudpuppy

The official newsletter of the
Barony of Settmour Swamp

AS XLVIII – February 2015



LOVE



Valentines are scattered though this issue.

Baroness and Baron Letter

Thank you everybody who joined us for the Swamp Stomp and Masked Ball in January. Being able to spend the day with you, and rejoice the New Year with friendship is important to us. We hope you enjoyed the festivities too, and look forward to you joining us for the next Swamp Stomp.

On February 7, the Shire of Gryphonwald hosted a wonderful event, the Black Gryphon Inn (BGI). It was a day of fun and we enjoyed getting to spend time with old friends and meeting many new faces. Thank you Gryphonwald and all those who joined us as the event. We also were entertained by our outgoing Bardic Champion Lady Mabel Fortune, before six people performed to earn the honor of being our next Bardic Champion. We thank Don Orlando Sforza, Rowen Auley, Caitrina Fraser, Lily Mac Ruarie, Lord Andrew McRobb and Lady Karin Jacobsdottir for their performances. They were a joy to listen to and we hope you will continue to perform. The decision to choose our champion was very tough, but we are pleased to announce that our new Bardic Champion is Lily Mac

DATE	EVENT	PAGE
March 10	Officer Meeting — Glen Gardner (TUESDAY)	4
March 28	Mudthaw , Waterloo Village, Stanhope NJ	5
April 8	Officer Meeting — Merlinia, Maplewood NJ	-
May 22—25	Quest , Clinton Elks Lodge in Pittstown, NJ	9

Heavy Weapon, Rapier, A&S, Archery, Thrown Weapons & Dancing Practices, Page 28



Artisans of Settmour Swamp we need your help!

We are always in need of people who can help create scrolls, prizes, tokens and gifts.

Please contact your Baron or Baroness if you are willing to provide your talents to help showcase this Great Barony!

Our Majesties, Edward Grey of Lochleven and Thyra Eiriksdottir, have chosen Lord Corcoran and Lady Luned as the next baronial seat of Carillion. On January 17, they were invested as the new Baron and Baroness of our neighboring Barony of Carillion.

Their Majesties Announce Changes For Tournament Marshaling East Kingdom Gazette

<http://eastkingdomgazette.org/2014/12/27/their-majesties-announce-changes-for-tournament-marshaling/>

SCA Membership, New Website Online, **Change your Password!**

- 1) go to WWW.SCA.ORG
- 2) CLICK ON MEMBER SERVICES,
- 3) CLICK ON MANAGE YOUR MEMBERSHIP
- 4) log in with your member number and default password (first initial and last name, for example Jennifer O'Hara would use johara)

The system will send you a confirmation-email and prompt you to update your password.



Baroness and Baron Letter (continued)

Ruarie. Vivants to all!

Now that BGI is over, we look forward to our next event, Mudthaw. Preparations are being made, and we are eagerly anticipating the fruits of labor from so many people in the Barony. We are looking forward to our new site, tournaments and contests galore. Join us as we celebrate the thawing of the Mud!

It is with a happy heart we bear witness the decision to create a Rapier Peerage in the Society. We look forward to seeing those in our Barony recognized into this peerage as it grows.

We are always looking for willing hands, to help in many ways. Calligraphy and Illumination for scrolls, retainers to accompany Us at events, artworks great and small to give as gifts, so we can share the wonders of Settmour Swamp with the rest of the known world.

There is much going on, this is a great time to be part of Settmour Swamp, so come, and know that you will be welcome.

**Baroness Jehannine and
Baron Erec**



2.

To the Barony of Settmour Swamp I
send my love! Your support and
friendship means the world to me!

Baroness Jehannine



Seneschale Notes

Greetings to the Swamp!

Though the cold north winds continue to blow, the citizens of Settmour Swamp prepare eagerly for the great Thawing of the Mud.

(**Mudthaw**, March 28, page 5)

Plans progress for our March event with many people coming forward to help, lend a hand or organize some part of the festivities. With such a large undertaking more help is always needed and appreciated. Hands are still needed to help with the setting up and cleaning up. This is a new site for us and the more people we have to get things organized the easier it will be for everyone to enjoy the day.

With thoughts of warmer weather the urge to wander comes upon many of us. But do not fear, a great **Quest** is planned once again for the end of May. (**QUEST** page 9)

Baroness Ursula is working with her staff to prepare a new and glorious Quest for all the Swamp to embark upon. As with any event, the more willing helpers the lighter the load. Contact Baroness Ursula if you would like to pitch in.

To all who attended our Swamp Stomp in January, thank you! It was a great success and much fun was had by all. The plethora of food filled the bellies of all with much to spare. Baroness Ursula ran the dancing and a fun filled fools court. (**Feast of Fools** page 14)

Black Griffin Inn was a great success as well. Many thanks to our Canton of Gryphonwald for hosting another great event. At this event, our Baron and Baroness held their Baronial Bardic Champion's, many good gentles participated and **Lily MacRuarie** won the honor of Baronial Bard. Vivat!!! The bardic competition was followed by a wonderful feast prepared by Gryphonwald's **Aife bean MacIomhair** and **Lady Failenn Finn**. (**BGI**, Page 18)

Please join us for our next officers Meeting on March 10th at the Glen Gardner Practice site. The meeting starts at 7:30. We would love to see you all there and hear your ideas for our Barony. Three offices will be up for election at this meeting:

Chirurgeon
Chatelaine
Mistress of the Lists

If anyone is interested in these positions please contact me or the current Officer in the position. We are always looking for new volunteers. If you would just like to know more about a position you could volunteer to be a deputy, learn the ropes and see if you would be interested in the future (this goes for all our Officer positions).

As always, I am here for any questions or suggestions! Please contact me or come to a meeting and share your thoughts.

Yours in Service,
Lady Charis
Seneschale





Mudthaw

March 28th, 2015

Waterloo Village, Stanhope, NJ



Mudthaw Facebook Page: <https://www.facebook.com/events/688398337947074/?>

Mudthaw

Event date: March 28th, 2015

*****MUDTHAW IS AT A NEW LOCATION!*****

On this the feast of Saint Alkeld of Giggleswick, Their Excellencies Erec and Jehannine, Baron and Baroness of Settmour Swamp, invite the Known World to celebrate the Thawing of the Mud at our new location at Waterloo Village in Stanhope NJ.

Their Majesties will hold Curia at Mudthaw. It will start promptly at 10am, ending no later than 11:30am.

Please join us on 28 March for tournaments of martial skill in armored combat and fencing. We will also celebrate the arts and sciences with a grand display and competition, an artisans' row, and our traditional bread baking competition. There will be shopping with some of the finest merchants from around the known world. And to cap off the day, we will have a wonderful feast prepared by Lady Willa de la Mer.

The armored combat tournament will be fought in the traditional Mudthaw double elimination format. The tournament will begin promptly at noon. There will be tournaments for fencing, and youth fighting. The fencing tournament will begin at 12:00 PM.

Lady Alana of Carillion will be running children's activities, which will be available from 12pm to 3pm. Activities will be appropriate for children age 2-5. Additional volunteers are welcome (and needed!) At least one parent or guardian must be present at all times. Please contact Lady Alana for details - **732-277-9392** calls before 10am or after 11pm.

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For those inclined to the **Arts and Sciences**, we will be hosting a display and competition to show off finished products, run by Lady Marion Quyn. The theme of the competition will be MUD! Please note that state park regulations prohibit alcohol from being brought on site, which unfortunately will prevent brewing-related entries or demonstrations. Please contact Lady Marion at marion.quyn@gmail.com if you have any questions.

Mudthaw Arts and Sciences Competition:

This Competition is open to any and all who would enter. There will be a Competition Winner and a Populace Choice Winner. The site opens at 10:00 am and judging will begin at 1:00.



Mudthaw (continued)

March 28th, 2015

Rules

1. All entries must be mud-themed.
2. All entries must have been created within the past 2 years.
3. All culinary entries must include a full ingredient lists. Modern sanitary considerations must be taken in their preparation. Entrants are responsible for keeping cold food cold and hot food hot.
4. Research papers must be sent in prior to Mudthaw to allow for proper review. Please bring a hard copy for presentation amongst the other entrants.

Send Research paper entries to Marion Quyn at marion.quyn@gmail.com by 1 March 2015 to ensure sufficient time for review.

Entries will be judged as follows:

Theme: Mud-related

Workmanship: construction, attention to detail, presentation;

Creativity: originality, interpretation;

Complexity: complexity of the design, difficulty, research and scope;

Authenticity: historical accuracy or interpretation;

Documentation: thoroughness, use and citation of historical sources, ideas demonstrated.

There will be an A&S Display space laid out for those not wishing to enter the competition but still desiring to display.

Please pick up your entries and displays 1 hour before court.

Those interested in judging please contact Marion Quyn at marion.quyn@gmail.com. Judging sheets will be available on site.

We will also be holding an artisans row, run by Mistress Elizabeth Elenore Lovell. Please contact her if you are interested in participating at staceyrothrock@gmail.com or **732-207-9658** (calls between 10am and 7pm only please).

Those interested in participating in the annual Mudthaw bread baking competition should contact Lady Judith bas Rabbi Mendel (mcmendelsohn@optimum.net). All entries for the competition must include a full ingredient list and documentation. Judges will give preference to those entries which could have been made in period. Those not interested in competing may bring their bread to the judges for evaluation and discussion. The aim is to encourage mastery of the excellent art of bread baking.

Finally, Athena's Thimble will be holding a panel. For information please contact the Guild Mistress: Mistress Briony of Chatham

guildmistress@athenasthimble.com

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Please note that **no dayboard** will be provided at this event. We encourage you to provide your own food for the day, and we are arranging to have a food vendor on site.

As noted above, state park regulations prohibit alcoholic beverages from being brought on site; however, a cash bar serving beer and wine will be open from 1:00 PM until 8:00 PM.

NOTE: Bears are active in this area, so **no trash cans or dumpsters are present**. All attendees must take responsibility for packing out their own trash. Plastic bags will be distributed at Troll for this purpose. Finally, please note that Waterloo Village is a historical site at which archaeological research is actively taking place. Please be attentive and careful, especially during outdoor activities.



Mudthaw (continued)

March 28th, 2015

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Feast menu:

First Course:

Chickpea Puree - Hummus with ginger and cinnamon

Flatbread

Frutours - Beer battered apple slices

Chike Endored - Chicken breast baked in ginger, pepper and saffron coating served on skewers

Mushroom Tart with cheese and cloves in crust

Asparagus

Second Course:

Mylates of Pork - pork with pine nuts and powder forte served in a double crust

Loseyns - Lasagna with muenster cheese and seasonings

Carrots

Crusty bread with spread

Pears Confyt - Pears poached in red wine and glazed

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Tentative Schedule:

10:00 Site opens

10:00 Curia – Pavilion

10:00 Merchants open – Meeting House

10:00 A&S Set-Up open – North Hall

10:30 Armor inspections and authorization bouts

12:00 Artisans' Row opens – North Hall

12:00 Armored combat tournament begins

12:00 Rapier tournament

1:00 Arts and sciences

1:00 Baking competition – North Hall

1:00 Cash bar opens – Meeting House

3:00 Artisans' Row closes – North Hall

3:00 Marshal activities end

4:00 Baronial Court – North Hall

4:30 Royal Court – North Hall

5:00 Merchants close

7:00 Feast – Meeting House

8:00 Cash bar closes

9:00 Feast ends

9:30 Site closes (anyone staying afterwards, we thank you for helping to clean)

Site Opens: 10am

Site Closes: 9:30pm

2.



2.





Mudthaw (continued)

March 28th, 2015

Event Location

NEW LOCATION

Waterloo Village
Waterloo Valley Rd
Stanhope, NJ 07874

Directions:

Take your best route to exit 25 on I-80 in New Jersey. Stay to the right as you come off the exit ramp, following signs to Waterloo Village. In 0.6 mi., turn left on Continental Drive. After one mile, turn left on Waterloo Rd. After 1.2 mi., turn left on Waterloo Valley Rd. Parking will be on your right. Alternatively, point your GPS to 40° 54' 52" N, 74° 45' 34" W. Attendees are permitted to temporarily park vehicles at the event site (about 150 yards from the parking area), but they must be moved immediately after unloading. As noted above, archaeological research is actively taking place on the grounds, so attendees are asked to take care in approaching the site to unload.

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Event Fees

Site : Site fee:

Adult Members: \$10

Adult Non-Members: \$15

Minors (6-17): \$5

Minors (0-5): free

Merchants: \$20 (includes site fee for one person)

Feast: Feast will be \$9 per person in addition to the site fee.



Make Checks Payable to: SCA NJ Inc., Barony of Settmour Swamp, or register via ACCEPS at <http://acceps.ansteorra.org/index.php>

Feast: The feast fee will be \$9. Please register by 14 March 2015 if you are planning on attending the feast. We will be seating 100 persons.

For questions about the menu or any special needs, please contact the head chef:

Lady Willa de la Mer

jessica.lynnemcc@gmail.com

845-544-4010 (leave message)

Make Checks Payable to: SCA NJ Inc, Barony of Settmour Swamp

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Contact Information

Event Steward:

Magister Galefridus Peregrinus

mka Loren D Mendelsohn

3 Morris Pl

Towaco NJ 07082

galefridus@optimum.net

(973) 214-4957 (no calls after 10pm)



Mudthaw (continued)

March 28th, 2015

Send Reservations to:

Lord Miles Boweman
c/o Michael Iurilli
806 Benner Street
Highland Park, NJ 08904
miles.boweman@gmail.com
908-307-8672 (no calls after 9pm)

ACCEPS credit card reservations are now available at: <http://accepts.ansteorra.org/index.php>

Other Contact Information:

Merchant Coordinator:
THL Þórlæifr hvitskegg
anteckd@aol.com

QUEST XXXI —preliminary plans underway May 22 to 25

Preliminary plans for **QUEST XXXI** (May 22 to 25) are underway. We will be at the Clinton Elks Lodge in Pittstown, NJ. **Lord Peotr** will write and organize the Quest. The goal of questers is to find the treasures of Timbuktu. **Baroness Merlinia** will serve as head cook, assisted by Lady Lydia and Magister Galefridus.

Baroness Ursula, Quest Event Steward

Preliminary QUEST Theme, from Peotr:

The goal of questers is to find the **treasures of Timbuktu**.

Questers will visit the exotic markets of Marrakesh to prepare their expedition. Then they will make the dangerous journey to the magical city of Timbuktu, and find the treasure.



Tuesday Night Fighting & Rapier Practice & A&S

The **heavy weapon practice** and **rapier practice** meets most Tuesday nights.

We will also be hosting an **Arts & Science (A&S) gathering** to work on various projects for the Swamp. **Dance practice** will occur on alternate Tuesdays. Or just come and watch, or bring a project of your own. All are welcome. There will be fencing and room for heavy weapons practice, if a marshal is available.

Contact [Orlando](#) with questions.

Location:

The Glen Gardner Youth Center
16 Hampton Rd
Glen Gardner, NJ, 08826

Time:

Tuesdays 7:30 pm to 9:30 pm

Suggested Donation:

\$7 per person



Sorting Gold Key



Rapier Practice

Please be aware that we have **lost the site for the Thursday night rapier practice**. At this time, the only rapier practice available within Settmour Swamp is the Tuesday night practice in Glen Gardener. We are actively searching for a new location with which to host an additional practice. **Owynn Greenwood** owynn.greenwood@gmail.com

Note: all artwork, photos and creative articles are used with permission. Each item is marked with a number. The numbers refer to the list of contributors which is shown on the last page of this issue.



Nutley Heavey Weapons Fight Practice (photos by Liz Basedow)

The heavy weapon practice, Nutley, NJ.

Contact [Wulfgar](#) Silfrahaar with questions.

Location:

Franklin Reformed Church,
45 Hillside Crescent
Nutley, NJ 07110

Day/Time:

Wednesdays 7:30 pm to 10:30 pm

Suggested Donation:

\$5 per person



Chronicler Notes

The February issue of the Mudpuppy is devoted to Love, preparations for Mudthaw, and photos from BGI (black Gryphon Inn and photos from the Masked Ball, Pot Luck (Feast of Fools and the Lord and Lady of Misrule in the Barony of Settmour Swamp.

Please contact me if you have ideas for an article.

If you have a new or old story of the Swamp to tell, please send it to me.

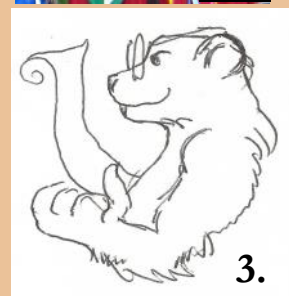
Thanks to Judith and Peter for encouragement, and excellent proofreading.

Baroness Ursula of North Woods,

Chronicler



*Ursula loves Pete,
29 years is a real
good start!!*



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Awards for Members of Settmour Swamp

On January 31, at K&Q Bardic Champions, **Mistress Alys Mackyntoich** was recognized by their Majesties and inducted into the Order of the Laurel. (no photograph by request)

On January 17 in the Barony of Carillion:

During royal court **Sir Antonio Patrasso was** elevated to the Order of the Pelican for his service to Kingdom, and **Baroness Theodora Bryennissa (Treannah)** was awarded for her service by being inducted into the Order of the Silver Crescent. We were also pleased to see **Lady Larentia Von Heisler** inducted into the Order of the Tygers Cub.

Join us in saying Vivants to them!

Baron Erec and Baroness Jehannine





Pennsic Favors, Lady Karin Jacobsdotter

Pennsic Favors, honoring both the East Kingdom and the Middle Kingdom

Karin wrote two articles for the Mudpuppy on her methods for making this type of jewelry.

September, 2014 Mudpuppy—How to Paste a Picture Behind a Glass Cabochon

October, 2014 Mudpuppy—How to set a Cabochon using a Bezel

These Mudpuppy issues are available on the Barony website.

<http://settmourswamp.eastkingdom.org/mudpuppy/>

9.





THANKS Masked Ball and Pot Luck (Feast) of Fools

Masked Ball & Pot Luck of Fools: I want to thank everyone for a wonderful swamp stomp yesterday. Baroness Jehannine and Duchess Kiena came up with the great idea of the masked ball, and Duchess Kiena helped by lending her services as a mask maker. Baroness Ursula taught dances at our Tuesday night practices and at the Stomp and arranged our fabulous feast / court of fools. Everyone brought delicious food to share and, as always, the company was excellent. Many hands made light work of set up and clean up. We collected a good supply of creative crafts to donate to our host site. Thank you all for another great day in the Swamp.

Charis

Foolish Court: Karin Jacobsdotter was great as the Wizard and herald, she kept things moving. Ursula prepared the scrolls ahead of time so the wizard could read the ludicrous laws and did not have to try and make things up on the spot. Dave was great as our foolish jester waving the beribboned standards to announce the entrance of our Lord and Lady of Misrule. Awndreuis and Caterina Giaocchini were good sports playing along as our Lord and Lady of Misrule. Special thanks to Harry for valiantly hobby horse jousting and to Maerhild and Ko and his daughter for jousting at brass rings. **Ursula**

Dancing: Thanks to all the dancers and especially to Miles who started calling the dance steps when my voice gave out. Thanks to Caterina for instructing Valerie in the ways of stealth stealing in "Hole in the Wall". I hope everyone had a fun time dancing!! **Ursula**

Mari Lwyd: Thanks to Merlinia for bringing the Mari Lwyd mare's head and drafting Ko, Marion and Jehannine to parade with the Mari Lwyd. **Ursula**

The January Mudpuppy includes Ursula's article on the history of the Feast of Fools and Merlinia's article on the Mari Lwyd.



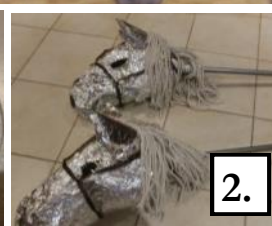
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2.



THANKS Masked Ball and Pot Luck (Feast) of Fools (continued)





THANKS Masked Ball and Pot Luck (Feast) of Fools (continued)





Favorite Scroll— Theodora Bryennissa, known as Treannah

At this past 12th Night, Baroness Theodora Bryennissa, known as Treannah was inducted into the Order of the Silver Crescent!

- Wording by Master Rowen Clotesworthy, based on "Letter to the Poetess Casia" by Theodore of Studium, Byzantium c. 825 AD
- Illumination by Baron Wulfgar Silfrahaar, based on a Byzantine mosaic.

14.

YOU HAVE FAVOURED US, THEODORA
BRYENNISSA CALLED TREANNAH, WITH
SKILLS SO ABLE AND SO LEARNED AS TO
FILL US WITH ADMIRATION AND WITH
THANKFULNESS. ESPECIALLY AS ALL THIS
WISDOM IS FOUND IN QUITE A TALENTED
HERALD! AMONG THOSE OF TODAY, YOU
SHINE PRE-EMINENT. IT IS SAID THAT
IF SOMETHING IS TO BE DONE
RIGHT, GIVE IT TO YOU. YOUR
SPEECH IS LOVELY BEYOND
COMMONALITY AND WHAT IS YET MORE
EXCELLENT, YOUR ORGANISATION
ACCORDS WITH YOUR SPEECH, AND IN
NEITHER IS THERE ANY UNCERTAINTY OF
FOOT. YOU ARE NOT ONE WHO, AFTER
ONE CHASTISEMENT, BECOMES IMPATIENT
AND UNABLE TO SUPPORT THE BURNING
PASSION TO DO GOOD WORKS. GOLD AND
SILVER, FAME AND LUXURY, ALL THAT
SEEMS TO BE DESIRED OF EARTHLY
GOODS, IS IN REALITY OF NO WORTH.
FOR YOU KNOW ASSUREDLY THAT
NOTHING IS SO FAIR OR SO JOYFUL AS TO
SERVE OTHERS.

WE SAY THAT YOU HAVE ATTAINED
THE STANDARD OF THE ORDER OF THE
SILVER CRESCENT, EQUAL TO YOUR
PREDECESSORS IN KNOWLEDGE AND SKILL
CONFIRMED BY OUR HAND IN THE FIRST
MONTH ON THE SEVENTEENTH DAY OF
THE FORTY-NINTH YEAR OF THIS ERA,
DONE IN OUR BARONY OF CARILLION AT
TWELFTH NIGHT.

Edward
EDWARD REX

Thyra
THYRA REGINA





Thanks Black Gryphon Inn (BGI)

Done at the court of Their Excellencies Erec and Jehannine, Baron and Baroness of Settmour Swamp at the Black Gryphon Inn February 7, AS
Their Excellencies honored Lily MacRaurie as Their new Bardic Champion. Also recognized were Karin Jacobsdotter for winning the Arts and Science competition, and Baron Erec for winning the brewing competition.

Orlando Sforza

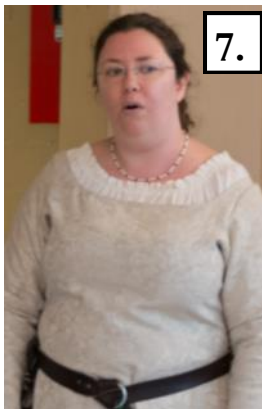
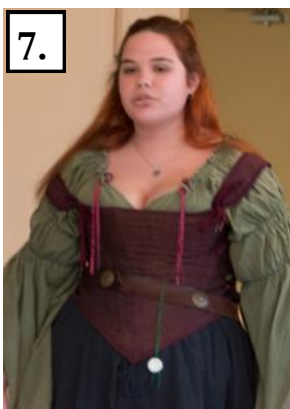
Herald

See further comment son BGI
on page 1 and page 4.





Thanks Black Gryphon Inn (BGI) (continued)





Thanks Black Gryphon Inn (BGI) (continued)

The Pennsic War Song

By Orlando Sforza

Come one and all to the Pennsic War.
So muster your lances and assemble your corp.
The caravans roll in, score upon score.
It's like no event ever seen before.

Chorus:

Hey nonny nonny, hey nonny nonny, pavilions to pitch,
Hey nonny nonny, hey nonny nonny, garb to be stitched.
Hey nonny nonny, hey nonny nonny, stack all the hay,
There's work to be done before we can play.

There's shopping at the Pennsic War.
With Sellers and sutlers and merchants galore.
At midnight madness you can see every store.
I'd buy them all out, but I'm just too damn poor.

Chorus

There's combat at the Pennsic War
With fighting and fencing and archery and more.
Through field, bridge and wood battles, the armies both roar.
I'd fight through the night but I'm just too damn sore.

Chorus

There are classes at the Pennsic War.
On painting and pinkie and medieval lore,
Brewing and barding and what people wore.
I'd teach one myself, but I'd just make you snore.

Chorus

There are parties at the Pennsic War
With dance, drink and drumming you just can't ignore.
So charge your glasses to the amicable war,
I'd raise my own if I could get off the floor.

Hey nonny nonny, hey nonny nonny, pavilions to pitch,
Hey nonny nonny, hey nonny nonny, garb to be stitched.
Hey nonny nonny, hey nonny nonny, stack all the hay,
Our work is all done so now we can play.





UPON MY CHOPPING BLOCK

12.

- a mad chef's view of the S.C.A. An occasional article by Perote Gormal Campbell

How does one say "Love" in a meal? Linguini with a white wine and clam sauce? A pear and cheese tart served with a crisp Riesling? Fresh squeezed juice, frittata, toast served in bed? I say yes to all.

Valentine's Day and Mother's Day are the two busiest days in the restaurant industry. Every a guy who can't make an egg needs to run his love out to show that he can provide a stunning meal. This usually leads to long wait times, crowded restaurants and a less than optimal experience.

It does not need to be that way. You can cook at home. You can cook at home together! You can make a meal, share the work but make an effort that shows you care enough to try and have a fun time.

To me nothing says "love" like a little flour on the board and a little heat from the oven

so let's talk about the simply perfect dish you probably know by the name of "pizza". No it's not that thing from "tiny Nero" where the food is always hot from 5-8 with no wait. I mean real deal, good



for your soul pizza. I could start by telling you to chop up some veg, brown some meats... But you know this part. Sadly it's not the right first step. The night before you want to make the oil formula you can find below. I make it by the quart and use it anytime I want to

add a little nudge to a dish. The next day when you get home toss together the dough formula below. It's really easy, and is very forgiving. If you have a pizza stone for your oven you will

stretch the dough to fit that stone. If you don't have a stone grab a cookie sheet with sides, drizzle a little extra oil on the pan and stretch the dough to fit that. Don't use a roller, use your hands, get dirty.

If you're cooking this on your own, grab your grated cheese, if you're working together, pass that block to your partner and let them grate it fresh. Sauce is as easy as your favorite jar brand. If you have some left over from your last batch all the better. But if you're keeping it simple pop

the top and get ready to go. You know what your special someone likes, so Sauté the right veggies, brown off that Italian sausage, do whatever you know makes them happy. (except anchovies... Anchovies should never be near a pizza ever).



UPON MY CHOPPING BLOCK

12.

Take your dough and put a scoop of sauce in the middle, keep it light and work it out to about 1 inch from the edges. Take the flavored oil and spread it along the edge. When the pie bakes this will give you a flavorful crisp crust with a nice shine. Sprinkle $\frac{1}{2}$ of your cheese over the sauce, add your toppings (again keep it light too heavy and the dough will not cook properly and you will have a soggy pie). Top with the other $\frac{1}{2}$ of the cheese and slide it into a 375° oven for about 25 minutes. Check and if it looks evenly risen you can pull it out and let it rest for 5 minutes. Then cut it to your preferred size slices. Enjoy it, enjoy the flour that's on your shirt, enjoy the smell of the fresh baked joy, enjoy the look in your someone's eyes as they try to say "great job" with a mouth full of home made love.

Until next time, keep your knives sharp and your workspace clean

Perote Campbell

Oil:

In a jar combine

$\frac{1}{4}$ cup olive oil

$\frac{1}{2}$ tsp parsley, oregano, basil

$\frac{1}{4}$ tsp black pepper , granulated garlic and a few red pepper flakes if you want to heat it up a bit.

Dough:

1.5 cups warm water

1 packet yeast

3 cups flour (with some extra reserved)

$\frac{1}{4}$ tsp sugar

In a mixing bowl combine warm water, yeast and flour.

Let sit 15 minutes (small bubbles should be visible on the water surface).

Add 1 cup of flour at a time and mix into a stiff dough. You may not need all the flour so play it by ear.

Cover with a towel and let rise 20 minutes.

Flour your work space, turn out dough and kneed on the bench. Add flour as needed until dough is smooth and elastic. Fit to cooking surface.



12.



Bacon- I love you. Nom nom. Nom nom.



Nom. A. Nonymous





Ask Milton the Mudpuppy

MiltonMudpuppy (at) gmail.com

13.

Dear Milton: Mom says you're a mudpuppy. Since you're a puppy can you explain how to identify and approach a **service puppy**? I just want to squeeze the jeebies out of them.

Hugging Helga

Service dogs...

I love service dogs. They are so much fun to play with - when they are off duty. We find the biggest mud puddle and I show them how to be a mudpuppy like me!!!

Seriously, though. Service dogs are wonderful. They help many of our brothers and sisters in their daily lives. They can be eyes or ears, an alert dog for a disease, or someone who makes the world less scary after a trauma. But make no mistake, they may not be herding sheep or pulling a

cart, or turning a spit, but these are working dogs and deserve your respect.

So, as much as you want to cuddle the puppy and squeeze him, and call him George - **don't**.

with the dog. Maybe Fluffy needs to be walked and the site is hilly or the ground treacherous. Maybe Fido could use a short run. A short, "Lovely dog. If you need anything just let me know" is appreciated. Do not ask about why they have a dog.

13.

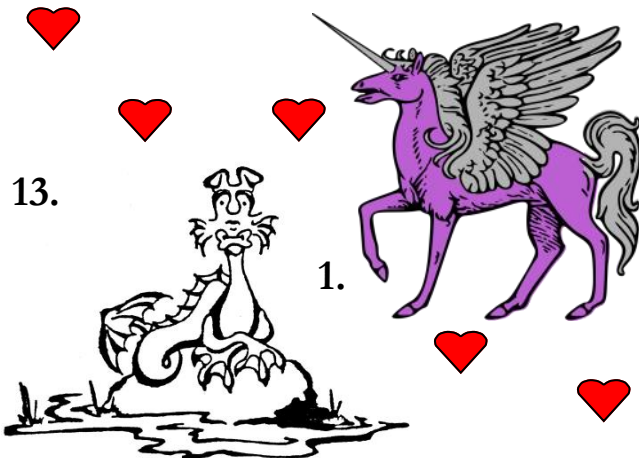


If you simply must love on the furry one, ask for permission. Do not be upset if you are told no. **The dog is working**. His job is first priority, and you interfering at that time could be hazardous to the person's health.

Now, if you need a puppy to hug and cuddle... I am always available for that. I love cuddles.

~Milton Mudpuppy

By all means compliment the handler with how lovely their companion is. Compliment on how well behaved they are - training to avoid the specific things in the **SCA** can be a challenge. Offer your help if they need someone to assist



Lady Peg- your delicate hooves glide over my heart as if it were the beach at sunset. I count the moments until we again may converse, that I may voice my love for you. I cherish every moment we are together as if it were only a second, and curse our separation when moments seem like lifetimes. My heart races at the thought of the beating of your wings...

Milton



Fencing Tip from Don Orlando

Conservation of energy

Have you ever walked off the list exhausted after losing a bout with an opponent who hasn't even broken a sweat? I have often observed that the best fencers make the sport look effortless. The reason for this is that the experienced fencer conserves her energy, using minimal movement to redirect the opponent's blade and gain the advantage. But, you may ask, how is it done? Consider the speed at which your body moves; the torso twists faster than the feet can move, the shoulder moves faster than the torso, the arm at the elbow moves yet faster than the shoulder and the wrist moves faster still. The quickest movement of all is the fingers, so if you are running around, moving your feet to score a touch, while your opponent is merely applying finger pressure, then you will be tuckered out, and quite possibly defeated, while she isn't even breathing heavily. By changing finger pressure, you can turn the angle of your blade to bind and redirect the opposing blade, then extend the arm for the touch. Press, twist, and keep the attacking blade off line with your quillions and you will be safe from a touch. This, like any technique, takes ample practice, but when mastered will completely change your game.

Don Orlando Sforza



Favorite Scrolls

Please submit a high resolution photograph of your favorite scroll for publication in the Mudpuppy. It can be the prettiest, the silliest or just your favorite. See an example of **Wulfgar's** favorite scroll for Treannah's Silver Crescent award on page **17**.



The Officers Of Settmour Swamp

Baron	Baron Erec L'Claire baron@settmourswamp.eastkingdom.org (908) 268-0725 (before 9pm)	Invested March 2013 Expires March 2017
Baroness	Baroness Jehannine de Flandres baroness@settmourswamp.eastkingdom.org (908) 319-0765	Invested March 2013 Expires March 2017
Seneschale	Lady Charis Accipiter charisacci@comcast.net (908) 850-8690 (No calls after 9pm)	Elected June 2014 Expires June 2016
Sinking Tower Pursivant	Lord Orlando Sforza herald@settmourswamp.eastkingdom.org	Elected October 2013 Expires October 2015
Knight Marshal	Baron Wulfar Silfrahaar (Silverbraid) marshal@settmourswamp.eastkingdom.org	Elected January 2014 Expires January 2016
Exchequer	Lord Miles Boweman exchequer@settmourswamp.eastkingdom.org	Elected October 2014 Expires October 2016
Chronicler	Baroness Ursula of North Woods chronicler@settmourswamp.eastkingdom.org	Elected March 2014 Expires March 2016
Chirurgeon	Lord Miles Boweman chirurgeon@settmourswamp.eastkingdom.org	Elected March 2013 Expires March 2015
Web Minister	Lord Dalek Bolotnikov webmaster@settmourswamp.eastkingdom.org	Renewed December 2014 Expires December 2016
Mistress of A&S	Mistress Caterina Giaocchini mas@settmourswamp.eastkingdom.org	Renewed December 2014 Expires December 2016
Mistress of The Lists (MoL)	Lady Ceara MacKieran mol@settmourswamp.eastkingdom.org	Elected March 2013 Expires March 2015
Chatelaine	Baron Don Malcolm Bowman chatelaine@settmourswamp.eastkingdom.org	Elected February 2013 Expires February 2015
Marshal of Fence	Lady Jehane de Fenwyk fencing@settmourswamp.eastkingdom.org	Renewed April 2014 Expires March 2016
Captain of Archers	Honorable Lord Thorlaeifr Hvitskegg archery@settmourswamp.eastkingdom.org (908) 406-0143 (No calls after 9pm)	Renewed November 2014 Expires November 2016
Chamberlain	Baroness Rhiannon de Carreg Cennen chamberlain@settmourswamp.eastkingdom.org	Renewed October 2013 Expires October 2015



The Officers Of Settmour Swamp (continued)

Youth Combat	Vacant	Vacant
Chancellors Minor	Vacant	Vacant (organize activities for children and teenagers)
Thrown Weapons	Vacant	Vacant
Canton of Gryphonwald (Middlesex Cty, NJ): Seneschal:	Failenn Finn gryphonwald@settmourswamp.eastkingdom.org	The Canton of Gryphonwald holds BGI (Black Gryphon Inn)
Canton of Marwick (Union County, NJ): Seneschal	Baron Edmund Patterson	The Canton of Marwick is inactive

New Attendees





Did You Know:

By Ursula of North Woods

The **East Kingdom Calendar**

<http://www.eastkingdom.org/EventListing.html>

- lists all official **events** and up to date information and registration details.

Medieval and Renaissance Gardens

<http://www.gallowglass.org/jadwiga/herbs/medievalgardens.htm>

Notes from a class presented at events in the SCA (Society for Creative Anachronism), by Jadwiga Zajackowa (Jennifer Heise)

Excerpt:

“Period records

- Charlemagne's list of plants to plant on manors
- *Hortulus*, Walafrid of Strabo, 9th century (Richenau on Lake Constance)
- Prospective plan of gardens at Monastery of St. Gall (Switzerland)
- Alexander Neckham, *De Naturis Rerum* (between 1170 and 1200?)
- Bartholomaeus Anglicus, *De Proprietatibus Rerum*, 1240.
- *Roman de La Rose*, 1237-1277
- *The Feate of Gardening*, Poem by Jon the Gardener, in English, in the 15th? century.
- Pietro de' Crescenzi, *Liber ruralium commodorum*, 1305
- Albertus Magnus, *De Vegetabilis et Plantis* [On Vegetables and Plants], circa 1260.
- Thomas Tusser's *100 points of good Husbandry & 500 points of good husbandry*
- Thomas Hyll, *The Gardener's Labyrinth*”

Society for Creative Anachronism **Newcomer's Portal:**

<http://welcome.sca.org/>

A **Newcomer's Guide** to the SCA:

<http://www.sca.org/officers/chatelain/pdf/NewcomersGuidePages-low.pdf>



Combat	Date/Time	Location	Contact	Notes
Fighter Practice	Wednesdays 7:30 pm - 10:30 pm	Nutley, NJ. Franklin Reformed Church, 45 Hillside Crescent Nutley, NJ 07110	Wulfar Silfrahaar marshal@settmourswamp.eas tkingdom.org	Other fight practices: Fighter Practice group at Yahoo!Groups; suggested Donation \$5
Fighter Practice	Tuesday evenings 7:30 pm to 9:00 pm	Glen Gardner Youth Center 16 Hampton Rd Glen Gardner, NJ, 08826	Wulfar Silfrahaar marshal@settmourswamp.eas tkingdom.org	Also fencing and Arts& Science; suggested Donation \$7
Fencing Practice	Thursdays, 7:30 pm - 10:00 pm	Seeking new Site for Fencing Contact Owynn with suggestions	Owynn Greenwood owynn.greenwood@gmail.com 908-447-2979	suggested Donation \$5
Fencing Practice	Tuesday evenings 7:30 pm to 9:00 pm	Glen Gardner Youth Center 16 Hampton Rd Glen Gardner, NJ 08826	Orlando Sforza rapierdon@comcast.net (908) 850-8690 (No calls after 9pm)	Also heavy fighting and Arts& Science; suggested Donation \$7
Archery Practice	Sundays 1:00 pm - 4:00 pm	Milford, NJ 310 Milford-Warren Glen Rd. (Rt. 519), Milford, NJ 08848 (908) 995-4417	Jehannine de Flandres baroness@settmourswamp.ea stkingdom.org Phillip the Facetious	Archery Practice is currently suspended and will resume next spring
Thrown Weapons Practice	Sundays 1:00 pm - 4:00 pm	Milford, NJ 310 Milford-Warren Glen Rd. (Rt. 519), Milford, NJ 08848 (908) 995-4417	Jehannine de Flandres baroness@settmourswamp.ea stkingdom.org Phillip the Facetious	
Thrown Weapons Practice	First and Third Tuesdays of every month	Maplewood, NJ	James of York (contact via Merlinia) merliniajws@gmail.com (973) 762-2554	Please email for directions.



Art	Date/ Time	Location	Contact	Notes
Swamp Cats	Evenings TBD	Announced on the Yahoo email list	Rhiannon De Carreg Cennen chamberlain@settmourswamp.eastkingdom.org	Occasional Meetings to Share Art Projects
Dancing	Evenings 7:45 to 8pm	Glen Gardner , NJ (same location as fencing)	Ursula of North Woods chronicler@settmourswamp.eastkingdom.org	Every other week for 15 minutes—one dance taught each week
Archery Practice	Wednesday evenings May through October	Pittstown, NJ	Elizabeth Hawkwood hawkwoode@gmail.com	Occasional Practices Please email for directions.

An electronic listing of **activities and events** is available on the Barony website:

<http://settmourswamp.eastkingdom.org/events.html>

Courtesy copies are sent to:

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historian@eastkingdom.org
king@eastkingdom.org
prince@eastkingdom.org
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seneschal@eastkingdom.org
archivist@sca.org

Publication release forms:

<http://www.sca.org/docs/library.html>
<http://www.sca.org/docs/pdf/ReleaseFormsFAQsPRINT.pdf>

Links:

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[Settmour Swamp On Facebook](#)
[Settmour Rapier On Facebook](#)
[Canton of Gryphonwald](#)
[East Kingdom Website](#)
[SCA Membership](#)



SCA-required release forms must be signed for most submissions, including art, articles, recipes, poetry or maps. The Chronicler collects and stores the signed forms.

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2.



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[EK Local Chronicler Policies](#)

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