

THE MUDPUPPY



*The Newsletter of
the Barony of Settmour Swamp*

December A.S. XLII

Calendar of Events

December

- 8 (RP) **Mistletoe Revel, Barren Sands, Somers Point, NJ**
9 Weapons practice, archery, C&I Workshop, Flemington, NJ, 1:30 PM
11 Marwick meeting
12 Baronial business meeting at the home of Alexander the Younger, 7:30 PM
15 Bhakail Baronial Yule, Barony of Bhakail, Clifton Heights, PA
19 Tir Mynydd meeting, Hope, NJ, 7:30 PM
22 *Deadline for Mudpuppy submissions*
23 Weapons practice, archery, Flemington, NJ, 1:30 PM
23 Gryphonwald meeting

January 2008

- 5 (RP) **East Kingdom 12th Night, Barony Beyond the Mountain, Newton, CT**
9 Baronial business meeting, 7:30 PM
13 Weapons practice, archery, Flemington, NJ, 1:30 PM
13 Marwick meeting
16 Tir Mynydd meeting, Hope, NJ, 7:30 PM
19 Bellringers, Barony of Carillion, Barnegat, NJ
25-26 (RP) **Market Day at Birka, Stonemarche, Manchester, NH)**
25 *Deadline for Mudpuppy submissions*
27 Weapons practice, archery, Flemington, NJ, 1:30 PM
27 Gryphonwald meeting



*The Court of Their Excellencies Alexander and Rhiannon, Held at Everything Textile Schola
in the Barony of Settmour Swamp on the 25th of October, AS XLII, 2007 C.E.*

Court Herald: Galefridus Peregrinus

Reporting Herald: Alys Mackyntoich

Recipient

Jehannine de Flandres
Sigurd the Hunter

Award

Bronze Tower
Bronze Tower

Unto the People of Settmour Swamp do **B**aron Alexander and **B**aroness Rhiannon,
send warm greetings.

The days are getting colder and shorter in the Barony this time of year. We may turn to more indoor activities but we do not hibernate.

On November 11th, we met with Baroness Ursula, Baroness Merlinia, Awdreuis, Yagyû no Kagetoki, Gudrun, Brona, Rowen and Stephanie and spent the day exploring the galleries of the Metropolitan Museum of Art. If you were not able to make it and have not been there in awhile we would recommend it. We could easily spend the day in the medieval art collection. The special tapestry exhibit was amazing. We are planning on a trip to the Cloisters in the spring and some people are already talking about going back to The Met. We do hope that trips like this become a Baronial tradition.

On November 12th Lady Lydia and Lady Dima hosted a Hafla-in-the Afternoon at the Sunday Flemington practice/meeting. It was a fun afternoon of drumming, dancing, good food and good company. People traveled from all over the region to attend. They are looking to have another one in February and it would be nice to see more people from the Barony at the next one.

Mudthaw will be held on March 29th and we will also be hosting the Kings and Queens Arts and Sciences Championships. It would be wonderful to see many, if not all, of our Baronial artisans entering. When we have more information on the format of the competition we will publish it here and on the e-mail lists. Speaking of Mudthaw, the autocrats are looking for people to help. If you are interested contact Eric L'Claire, Lord Alexander or Lady Cas.

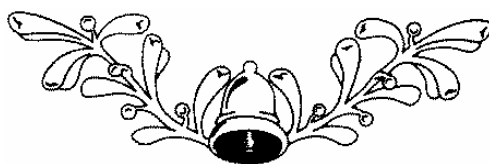
While our next event is not until Mudthaw in March, the Flemington practices and workshops will be going on all year.

We are looking for people interested in autocrating or cooking Quest which is held on Memorial Day weekend. If you would like to be considered for this, please contact our Seneschal, Master Phillip, before the December business meeting.

There are plans in the works for some holiday parties around the Barony so keep an eye on the Settmour list for postings regarding dates, times and places.

If we do not have the chance to see you in person, we wish you all a happy holiday season and a healthy and happy new year.

Alexander and Rhiannon



Officer Reports
Presented at the November Business Meeting

Arts & Sciences

The Schola had 10 entries in the A&S display (all were lovely) and the articles in The Mudpuppy continue to roll in. Thank you Elizabeth for such a great job with layout and design. The articles look great! That is all.

Elisabeth

Captain of Archers

As the winter approaches practices will continue as the weather allows. The Tuesday and Friday night practices are over until the spring due to early sunsets. Some archery based classes are being worked on for the winter months.

Jehannine

Chamberlain

Started moving the stuff from Phillip's, Edmund offered use of his trailer.

Gudrun

Chancellors' Minor

Nothing's happening, need deputy

Brianna

Chatelaine

No report.

Chirurgion

October was a healthy and safe month for the Barony. Noone was injured that I am aware of.

Galefridus Peregrinus, MC

Chronicler

The November issue has been distributed. The Culinary Corner was introduced for recipes. The Focus the Arts feature has been well received and will be continued. Future issues will see a return of the Museum Exhibits listing.

Elizabeth



Exchequer

The Barony remains solvent and in good standing.

Gwenhyvar

Fencing

Trucking along, ~15 to practices, plenty of room, come on down; helping Rusted Woodlands with their marshalling needs

Edmund

Herald

Looking for new deputy herald. Heraldry happens. Wednesdays continue to be bad for me.

Alys

Knight Marshal

Hitting people with sticks! Practices are happening, fairly standard attendance.

Cullyn

MoL

Nothing to report

Ceara

Webmistress

Changes made, calendar updated; will schedule Flemington regularly and remove when needed.

Eleanor



Canton of Marwick Announces New Officers

Lord Edmund Patterson, who has been serving as the Exchequer, has stepped up to the position of Seneschal. He replaces Mistress Jessa d'Avondale, who has held the post for the past several years. The new exchequer, replacing Lord Edmund, is Jehane de Fenwyk. In addition, Thorlaeifr Hvitkegg has been appointed the Minister of Arts & Sciences. Contact information for the officers may be found on the Canton listing elsewhere in this newsletter.

Congratulations to the new officers. And many thanks to Mistress Jessa, for her long and continued service to both the Canton and the Barony. VIVAT!

Focus on the Arts

Our featured artist this month is Eric L'Clair. Eric has a diversity of interest: woodworking, medieval gardening, sewing, tentsmithing, blacksmithing, brewing, armoring and architecture.

Q: How long have you been in the SCA?

A: Long enough to have people tell me my membership number is too short

Q: Have you always lived in Settmour Swamp or have you played with different groups during your SCA life?

A: Just Settmour.

Q: Do you have a persona? If so, please tell us about it.

A: Erec L'Clair is of German descent, living in England in 1360. There is also some sort of French connection but I'm not sure exactly what that is.

Q: Do you have any Baronial or Kingdom level awards? If so, what are they?

A: Bronze Tower, Ivory Tower, Iron Tower, which are baronial awards. Kingdom awards are AoA and Burdened Tyger.

Q: Are you an apprentice, protégé, or squire? If yes, to whom?

A: Not at this time

Q: What arts and sciences do you practice?

A: Woodworking, sewing, tentsmithing, blacksmithing, brewing, gardening, armoring, architecture. I'm sure there's more!

Q: Where did you learn your skills and from whom did you learn?

A: Sewing from Lydia; Tentsmithing from Richard of Woodenbridge; blacksmithing from Asa.

Q: Are there any areas of arts and sciences that you would like to learn about or any skills you would like to practice that you don't already?

A: Yes, but I'm not sure what's out there. Medieval masonry, perhaps, bridge building, water mills. Medieval science, clay mining and processing.



Q: What project(s) have you completed of which you are most proud?

A: The bench and the garden. The bench's ornament work, the columns and roundels, are based on a surviving 13th c. piece, the little canfield coffer. The legs are dovetailed into the body and the whole thing knocks down. It was a bit more stable when it was new, it's now a little worn and somewhat loose but still plenty strong. I can't find the picture of the original anywhere, but Matthew Power has an interpretation which is good. The bottom of the legs on the original isn't there anymore so part of the design is conjecture.





The garden, hmm, well. I could go on and on about it really, but I'll give a rough list of medieval plants I've grown this season. Lily of the valley, hens and chicks, monkshood, dill, rosemary, sage, thyme, parsley, lilac, lavender, sweet William, chamomile, rue, sorrel, Echinacea, foxglove, chives, leeks, strawberry, alpine (resembles medieval variety), rhubarb, salsify, carrots, white, rocket, marsh mallow, onion, raspberry, apple, oak, walnut and hickory.

Q: What are you working on now?

A: Medieval gardening

Q: What projects do you have planned for the coming year?

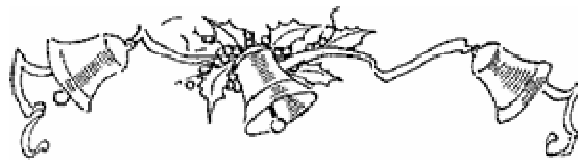
A: A completely new garden, log hewing, masonry

Q: Of the A&S skills you possess, which do you think you would be able to teach to others?

A: All of them

Q: Are you willing to share your knowledge with the populous? If so, how can you be contacted should someone be interested in leaning from you?

A: Absolutely! Call or email. My cell number is 908-268-0725, lorderec@yahoo.com (put A&S as the beginning of the subject line if you want me to read it)





Culinary Corner

Moorish Chicken

Submitted by Wilhelm von Utrecht

This recipe can be found on-line in A Miscellany:

http://www.daviddfriedman.com/Medieval/miscellany_pdf/Misc9recipes.pdf Translated and penned by two of my favorite SCA cooks, enthusiasts and researchers: Cariadoc and Elisabeth. Vivat to you both.

It comes originally from: *Um Tratado Da Cozinha Portuguesa Do Seculo XV (A Text on Portuguese cooking from the Fifteenth Century)*

This was the chicken dish served at the last Mudthaw. To lend the flavors to this dish, let it cook at a lower temp or in a large crock pot for 6-8 hours on low.

Translation: *Cut up a fat hen and cook on a mild flame, with (2) spoons of fat, some bacon slices, lots of coriander, a pinch of parsley, some mint leaves, salt and a large onion. Cover and let it get golden brown, stirring once in a while. Then cover the hen with water and let boil, and season with salt, vinegar, cloves, saffron, black pepper and ginger. When chicken is cooked, pour in (4) beaten yolks. Then take a deep dish, lined with slices of bread and pour chicken on top.*

Ingredients:

4 lbs Chicken	½ T Salt	8 threads Saffron
2 T lard or Olive Oil	10 oz. Onion	½ T Pepper
5 strips Bacon	(3 ½ oz) 2 ½ c Water	½ T Ginger
1/3 C Cilantro	2 T Vinegar	4 Egg Yolks
1 T Parsley	¼ T Cloves	6 Slices Bread (<i>toasted</i>)
½ T Mint		

Dismember chicken (thighs, legs, wings in two pieces, etc.) slice onion, wash and coarsely chop parsley, mint and coriander. Melt fat, fry bacon a couple of minutes, put chicken, herbs, salt and onion into pot and fry uncovered about (10) minutes, cover and cook another (20) minutes. Add water, vinegar, additional spices bring to a boil and cook (450) minutes. Toast bread, arrange toast in bowl. Break egg yolks, stir them in and remove pot from heat, pour into bowl with toast.

Note this is a 15th-century Portuguese idea of an Islamic dish: a real Islamic dish would not include the bacon.

Notes from Wilhelm:

Unless we are using our period recipes at home, we are usually cooking for larger numbers and have to become versed in changing how the dishes are assembled.

For instance, when we made this dish we got chicken breasts which we Frenched off the tendon and fat. We then browned the chicken in a frying pan and then added it to a large pot. We were frying 50 pounds! Since we were making the original recipe X13 or enough to feed as one dish to several to 200 plus people. We caramelized the onions and we also powderized the saffron in an electric coffee grinder. We left out the bacon in our version which is optional. We pretty much added every thing else to the pot except the egg yolks and bread toasted. When the dish is done this way, the chicken becomes shredded and is a wonderful stew. Just prior to dishing up, line your serving dishes with slices of toasted bread, pour over the toast (4) egg yolks you have whisked together and pour the Moorish Chicken over this.

Enjoy,

Wilhelm van Utrecht



Practices and Activities

Archery Practice

Second and fourth Sunday, St. Paul's Church, Flemington, NJ.

October thru April weekends in Pittstown at the home of Elizabeth Hawkwood. Anyone wanting to shoot, please contact her at hawkwoode@att.net or call 908-996-6315 for directions and information.

Arts & Sciences Activities

Third Wednesday, 7:30 PM, St. Luke's Episcopal Church, 346 High Street (Rt 609), Hope, NJ. Contact fafnir62@yahoo.com for information.

Dance Practice

Dance practice is cancelled until further notice. Marwick is still looking for a new location.

Fencing Practice

Thursdays from 7:30PM to 10:00PM, Somerset, NJ. Location is Maestro Fencing, 217 W Main St, Somerville, NJ 08876 There is a \$3.00 site fee to cover the cost of using the facility. Contact Sebastian Estevan de Xavier for more information via email at Xavier1101@yahoo.com or call 732-742-8882.

Youth Fighter Practice

Currently not scheduled. Please contact Angus Sutherland at 908-284-2614 or email him at minor@settmourswamp.eastkingdom.org for current information.

Settmour Swamp Fighter Practice

Wednesdays 6:30PM to 10:00PM, Nutley, NJ. A \$5.00 donation is requested to help defray the cost of the site rental. If you have questions, please email Sir Tanaka Raiko at salvacion_hank@hotmail.com. If you get lost, Tanaka's pager is 201-232-9337.

Thursdays, 7:30PM to 9:30PM, St. Paul's Church, Flemington, NJ.

Directions to Practices

Youth Fighter Practice - St. Paul's Church, Flemington

St Paul's is on Rt. 31 in Flemington, next door to the Hunterdon Medical Center, two miles north of the Flemington Circle. Directions are on line or contact Angus Sutherland at 908-284-2614 or email minor@settmourswamp.eastkingdom.org

Fighter Practice - Reformed Church of Nutley, Nutley

The church is on Hillside Crescent, Nutley, NJ. Directions are on line or contact Sir Tanaka Reiko at salvacion_hank@hotmail.com.

Fencing Practice – Maestro Fencing, Somerset, NJ

Maestro Fencing is at 217 W Main St, Somerville, NJ 08876 Directions are available on line or contact Sebastian Estevan de Xavier via email at Xavier1101@yahoo.com or call 732-742-8882.



From the Canton of Gryphonwald

Gryphonwald meetings are held the fourth Sunday of the month. Contact the Gryphonwald seneschal, Lord Pippin a'Bheithir at gryphonwald@settmourswamp.eastkingdom.org for details.

From the Canton of Marwick

The December Marwick meeting will be held on Tuesday, December 11 at the home of one of our members (to be determined). Please contact the seneschal, Lord Edmund Patterson, for details (clost95@aol.com) or call 908-561-2345. No calls after 9:30 PM please.

Baronial Business Meeting

The December 12th meeting will be at the home of Alexander the Younger in Hillsborough at 7:30 PM. For directions and more information, contact the baronial seneschal.

We are on a quest to find an autocrat and a cook!! The Barony will be accepting official bids for Quest at the December business meeting. Gentles who are interested in being autocrat or head cook or who have ideas for the quest, please contact the baronial seneschal. If you have any questions about the event or the process of being an autocrat or cook, he will be able to provide you with detailed information.

Canton of Marwick Officers

<http://www.marwick.eastkingdom.org>

Seneschal: Lord Edmund Patterson (Chris Lotano) (no calls after 9:30 PM please) clost95@aol.com	908-561-2345
Exchequer: Jehane de Fenwyk (Judithann Wapelhorst), jehane@marwick.eastkingdom.org	
Herald: Dona Emeline Patterson (Kirsten Lotano) (no calls after 9:30 PM, please)	908-561-2345
Knight Marshall: Lord Owynn Greenwood (Michael Sklower)	908-447-2979
Marshal of Fence: Lord Edmund Patterson	908-561-2345
Minister of Arts & Sciences: Thorlaeifr Hvitkegg (Anthony Depczynski) thorlaeifr@marwick.eastkingdom.org	
Webmaster: Lord Owynn Greenwood	908-447-2979



Canton of Gryphonwald Officers

<http://www.geocities.com/gryphonwald/>

Seneschal: Lord Pippin a'Bheithir (Pippin Carino) 311 Somerset St, New Brunswick, NJ 08801 gryphonwald@settmourswamp.eastkingdom.org	
Herald: Gardr Gunnarson (Michael Grossberg) Gryphonwald-herald@settmourswamp.eastkingdom.org	
Minister of A&S: Sofi'a Serafimaskaia (Susan Saladini) Gryphonwald-moas@settmourswamp.eastkingdom.org	
Chancellor of the Exchequer: Eva Vach Gwyllt (April Villone) Gryphonwald-exchequer@settmourswamp.eastkingdom.org	
Chatelaine: Ryan (Ryan Borgan) Gryphonwald-chatelaine@settmourswamp.eastkingdom.org	

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Barony of Settmour Swamp Officers

<http://www.settmourswamp.eastkingdom.org>

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Seneschal: Master Phillip Reed the Facetious (Scott Berk) seneschal@settmourswamp.eastkingdom.org	908-319-1847
Sinking Tower Pursuivant: Mistress Alys Mackyntoich (Alissa Pyrich) 180 W. Hanover Ave., Morristown, NJ 07960 herald@settmourswamp.eastkingdom.org	973-267-4818
Knight Marshal: Baron Cullynn mac Kinnon (Scott Lubin) (no calls after 11:00 PM please) marshal@settmourswamp.eastkingdom.org	732-494-5117
Chancellor of the Exchequer: Lady Gwenhyvar Telynores (Jennifer Roberts) exchequer@settmourswamp.eastkingdom.org	973-303-9439
Chronicler: Baroness Elizabeth Hawkwood (Elizabeth Dobo) 71 Sky Manor Rd, Pittstown, NJ 08867 chronicler@settmourswamp.eastkingdom.org	908-996-6315
Chirurgion: Baroness Edana mac Kinnon (Tina Ilowite) (no calls after 11:00 PM please) chiurgeon@settmourswamp.eastkingdom.org	732-494-5117
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Minister of A&S: Lady Elisabeth Elenore Lovell (Stacey Rothrock Steinfeld) (no calls after 9:00 PM please) MoAS@settmourswamp.eastkingdom.org	732-596-0880
Mistress of Lists: Lady Ceara MacKieran MoL@settmourswamp.eastkingdom.org	
Chancellors Minor: Angus & Brianna Sutherland (Brian & Brenda Hondrich) minor@settmourswamp.eastkingdom.org	908-284-2614
Chatelaine: Lady Sofi'a Serafimskaia (Susan Saladini) chatelaine@settmourswamp.eastkingdom.org	732-213-4806
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Captain of Archers: Lady Jehannine de Flandres (Jeanne Berk) archery@settmourswamp.eastkingdom.org	908-319-0765
Chamberlain: Lady Gudrun Gudmunderdottir (Pat Butler) 626 Oxford St., Belvedere, NJ 07823 chamberlain@settmourswamp.eastkingdom.org	973-219-5694
Youth Combat: Vacant	