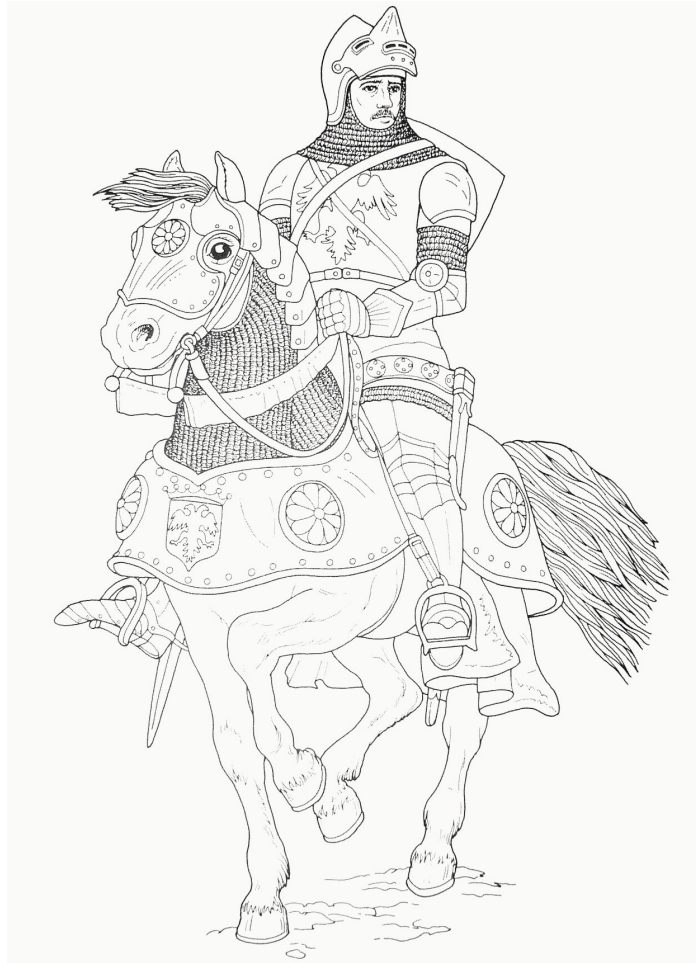


# *The Mudduppy*



*The Newsletter of the  
Barony of Settmour Swamp*

*February A.S. XLIV*

# *Calendar of Events*

## February 2010

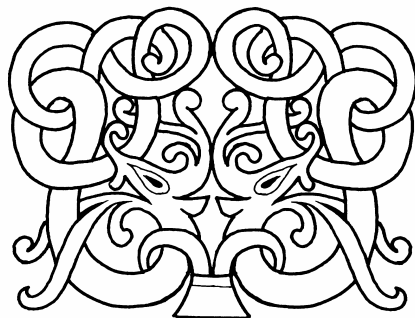
- 6 Bellringers - Carillion Birthday Celebration, Barony of Carillion (Manalapan, NJ)
- 10 Baronial business meeting at the home of Orlando and Charis, 7:30 PM
- 20 (RP) East Kingdom Bardic Champions, Crown Province of Ostgard (New Hyde Park, NY)**
- 25 *Deadline for Mudpuppy submissions*
- 27 (RP) King and Queen's Fencing Champions, Barony of Settmour Swamp (Denville, NJ)**
- 27 Winter War 13, Shire of Northern Outpost (Potsdam, NY)

## March 2010

- 3 Noisemakers Schola V, Bailiwick of Iveyinrust, (Clifton Heights, PA)
- 6 (RP) Festa di Michealangelo and King's and Queen's Arts & Science Championship, Baropny of Carolingia (Needham, MA)**
- 10 Baronial business meeting
- 13 Nova Schola, Shire of Hartshorn Dale (Center Square, PA)
- 13 The Bog's Birthday, Barony of Iron Bog (Moorestown, NJ)
- 25 *Deadline for Mudpuppy submissions*
- 27 (RP) Mudthaw, Barony of Settmour Swamp (NJ)**

For information on the Sunday practices held in Flemington, please contact the baronial seneschal at [seneschal@settmourswamp.eastkingdom.org](mailto:seneschal@settmourswamp.eastkingdom.org)

Cover image from Knights and Armor , Dover Publications, Inc. The image is a representation of Bertrand de Guesclin



## *Calling All Swamp Dwellers! Pray Attend the Words of the Baron and Baroness of Settmour Swamp!*

Good Gentles, We hope you have been enjoying yourselves, as we have, this past month with the various pastimes that were offered in our Barony. We celebrated with friends and neighbors on Jan. 10th at our own 12th Night gathering in Flemington. There was food and drink and dancing aplenty and general socializing in a relaxing and informal setting. Our thanks to everyone who came and brought victuals to share and to Baroness Ursula for teaching and leading the dancing and thank you to our dance partners (you know who you were!).

Jan 23rd had us back in Flemington for Chirurgy and Cooking: A Winter Schola. This event was very well organized and run by Dom. Galefridus and his staff with enough interesting classes to impart new bits of wisdom and information to almost anyone. Alexander and Rhiannon each took several classes and now have perhaps a little more knowledge to share with anyone who missed this event (that would be at least the names of the classes and teachers to contact for their expertise). It was fun, it was informative, and it was inspiring. Rhiannon plans to reacquaint herself with her Dutch oven and to visit the local bakery/craft shops for Sugar Work equipment and supplies. And of course she bought books from the merchants. The dayboard was plentiful and delicious with an impressive variety to please any palate, and may we assert that our palates were well pleased. Thank you Maistreas Shannon Gallowglass for your efficiency, organization and creativity in our kitchen.

Practices continue at St Paul's Church in Flemington so keep an eye on the Yahoo group announcements for specific activities, dates and times, generally the 2nd and 4th Sundays from 1:30 to 4:30PM. Some workshops will be coming soon for Gold Key repairs and additions, favor and banner making and any other subjects in which anyone expresses an interest. Let us know what you need or want to learn about and we'll do our best to find someone qualified to lead a workshop or just to get in touch with you to get you started.

Next on the schedule is King and Queen's Fencing Championship on Feb. 27 in Denville. Please contact Don Orlando, our autocrat, to lend your support from our Barony to the Crown for this event. I'm sure Lady Charis Accipter, our cook, would appreciate an hour of your time in the kitchen, also.

Royalty will also be in attendance on March 27, for our 30th annual celebration of the Thawing of the Mud, so don your best clothing, be on good behavior (but still have fun of course), and help our autocrat, Master Alexander Younger and our cook, Lady Cassandra Matisse, whenever you can. And get your reservations in for both of these events early as you can. Our feasts sell out quickly because we are renowned for our talented cooks and their consistently marvelous offerings. The King told us so himself at Mudthaw last year. We were so proud!

In April, we are planning a trip to the Metropolitan Museum of Art to see, among other wondrous sites, the Belles Heures of Jean duc de Berry. This well known early 15th century illuminated manuscript is currently unbound and can be seen in its entirety. This is indeed a rare opportunity and not to be missed. Let us know if you are interested and we will choose a date to accommodate as many as we can who want to share this experience with us.

Eric the Horseman has been chosen to autocrat Quest this year at our traditional site. We all know he has done this many times but he still needs your help. It's a long weekend with many tasks to perform. Just an hour or two from each of us and we can all have a good time. Start planning now and let Eric know

how you can help, be it troll, kitchen, water runs, fire tending, firewood, set up, clean up, whatever. It all needs to be done and even a little bit helps take the burden off the overburdened few. And by the way, if anyone has knowledge of a possible alternate site for this event, please check it out and let us or Erec LeClare, our Seneschal, know. We like the current location but the price keeps going up while the accommodations and space stay the same. Many have asked for running water and better bathroom facilities, although it's no worse than Pennsic. But if we can do better we certainly should look into the possibilities.

More things are on the horizon and being planned even now, but if we told you everything now what would we tell you about next month?

So stay warm and dry and healthy and creative while we wait for spring. It is staying light longer now, I can see it! We still have some winter left but plenty of fun, social and entertaining things to occupy all of us even in the cold weather. So come out and join us. Leave the hibernation caves from time to time. Sunlight is good!

See you all soon,

Rhiannon and Alexander,  
Baroness and Baron of Settmour Swamp

## *Announcement of Baronial Officer Elections*

### *Election Result*

Congratulations to Don Orlando Sforza who was elected Baronial Fencing Marshall at the January meeting, replacing Lord Owynn Greenwood. The Barony thanks Lord Owynn for his service to the barony and the fencing community.

### *Current Vacancies*

Three officer positions are vacant and available immediately. Please come forward if you are interested.

**Youth Marshall** – Responsible for overseeing youth combat activities. The rules of the East Kingdom require **youth marshals to have a valid background check** and supervise practices using a '2 deep' model. This means that practices are coached by two adults who are not related to one another. One of them must have completed the background check. For complete details please reference the Youth Fighting website <http://youthfighters.eastkingdom.org/marshallate.html>

**Chancellor Minor** – Organizes activities for children and teenagers at event.

**Chirurgion** - The Baronial Chirurgion is in charge of arranging First Aid at Baronial events.  
**Note: the candidate(s) must be a warranted chirurgion at the time he/she accepts the office.**

## *Upcoming Elections – March*

In accordance with Baronial Policy and Procedure, the following Baronial offices' are up for election in March:

**Knight Marshal** - coordinates Baronial heavy weapons practices, tournaments, etc.

**Seneschal** - the Baronial 'President,' responsible for all administrative duties of the Barony.

All gentles interested in running for either of these positions must be present at the March business meeting. The incumbent officers must also be present. Candidates will have the opportunity to address the Baronial officers and answer questions at the meeting.

Prior to the meeting, please reference Section II of the Policies & Procedures Manual at [http://groups.yahoo.com/group/settmour\\_swamp/files/Official% 20Documents/](http://groups.yahoo.com/group/settmour_swamp/files/Official%20Documents/)

Please e-mail the Baronial Seneschal, Lord Erec L'Claire, prior to the meeting with your intention to seek the office.

## *Officer Reports Presented at the January Business Meeting*

Location: Home of Eleanor Callaghan

Recording Scribe: Erec

Attendees: Owyn, Morgaine, Gudrun, Emmeline, Ceara, Trixie, Galefridus, Elizabeth Hawkwood, Padraig, Alexander Younger, Alexander, Eric the horseman, Phillip, jhanine, Cas, Thorleif, Eleanor

The meeting was called to order at 7:40 PM, adjourned at 9:50 PM.

### **Herald**

Going OK, all things considered. Happy new year!

### **Knight Marshall**

Eric said that he was interested in the Deputy position but I have not heard from him. I received an email regarding Mudthaw from the autocrat today: I will either MIC or I will have someone to do it. I will ask Eric again what his intentions are. Continuing to attempt finding a deputy

### **Exchequer**

Seneschal unable to view google document.

### **Chronicler**

The December issue has been distributed. My year end report to Kingdom has been submitted, reporting requirements have been fulfilled. I received one renewal check for a hard copy subscription

### **Arts & Sciences**

It has been pretty quiet, I am hoping to hear at the populace gathering about projects people worked on over the Holidays, I need new articles for the Mudpuppy. We also have a lovely schola at the end of the Month, I hope everybody will come out and enjoy some classes.

### **Mistress of Lists**

Nothing to report.

### **Chatelaine**

I responded to a Newbie who inquired specifically about dancing; I told her about this previous Sunday's gathering in Flemington. I haven't heard back from her. Other than that no activity on our part. Gabi's got a new email address, it is gabiappinelli@live.com

### **Marshal of Fence**

No report

### **Captain of Archers**

Nothing to report

### **Marshal of Thrown Weapons-**

No report

### **Chirurgion (Acting)**

No report

### **Chamberlain**

No report

### **Webmistress**

No report

## **Upcoming Exhibit at the Metropolitan Museum of Art, New York,**

**The Art of Illumination: The Limbourg Brothers and the Belles Heures of Jean de France, Duc de Berry, March 2, 2010 – June 13, 2010, Robert Lehman Wing**

The *Belles Heures* (1405–1408/9) of Jean de Berry, a treasure of The Cloisters collection, is one of the most celebrated and lavishly illustrated manuscripts in this country. Because it is currently unbound, it is possible to exhibit all of its illuminated pages as individual leaves, a unique opportunity never to be repeated. The exhibition will elucidate the manuscript, its artists—the young Franco-Netherlandish Limbourg Brothers—and its patron, Jean de France, duc de Berry. A select group of precious objects from the same early-fifteenth-century courtly milieu will place the manuscript in the context of the patronage of Jean de Berry and his royal family, the Valois.

# Culinary Corner

*Recipes Submitted by Wilhelm van Utrecht*

## *Tournai-style Cameline Sauce* *(Winter Cameline Sauce)*

### Measurement

3 Slices  
½ tsp  
24 Threads  
½ tsp  
½ tsp  
3 ¾ Cups  
¾ Cup

### Ingredient

Good White Bread  
Ground Nutmeg  
Saffron  
Cinnamon  
Ground Ginger  
White Wine (Medium Dry)  
Brown Sugar

### **Preparation:**

Finely grind the saffron in a coffee grinder until it is powderized.

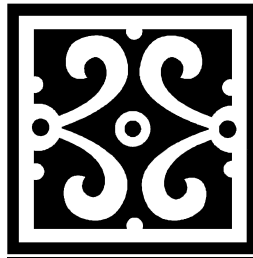
Grind the bread into bread crumbs and put to the side.

Combine in a pot the white wine, ground nutmeg, powderized saffron, cinnamon, ground ginger and the reserved bread crumbs. Bring to a boil and then strain into another pot through a fine sieve. Add the brown sugar, return to heat through until the sugar is dissolved. Serve with beef, pork or poultry.

### **Sources:**

Le Menagier de Paris, translated in The Medieval Kitchen, Redon et al.

I served this with sliced beef on the grill at picnic in the park a few years ago and it was a big hit.



## *White Garlic Sauce*

This sauce is ideal with boiled chicken but also goes well with steamed vegetables (especially asparagus and artichokes). serves 6

¾ Cup	Blanched Almonds
2	Garlic Cloves Peeled
2	Slices white bread, crusts removed, roughly chopped
2 Cups	Well Strained Chicken Stock, Hot
	Salt & Freshly ground pepper

Crush the almonds in a mortar, add the garlic cloves, and continue to work. Soak the bread in 1 cup of hot stock and crush until you have a smooth puree: add the garlic and almonds to the crushed bread. Mix well and add the remaining stock in a thin, even stream, working consistency to obtain the desired consistency. Season with salt and pepper to taste.

Personally I love this sauce. This is great with roasted chicken or turkey. It is wonderful with smoked meats. I love to barbeque and am constantly looking for new sauces.

### **Modern Twist**

As a modern twist, add a chipotle pepper seeded and cored to food processor and add to the puree and spice it up!

### **Sources:**

The Art of Cooking, The First Modern Cookery Book

The Eminent Maestro Martino of Como

This book was a gift to me from Lady Jessa. It took me a while until I started using it, it is full of wonderful Early Italian Classics. I suggest it to any serious period cook to round out your Roman Cuisine.

In Service.

Wilhelm van Utrecht





## **Practices and Activities**

### **Archery Practice**

Second and fourth Sunday, St. Paul's Church, Flemington, NJ.

Sundays at the home of Elizabeth Hawkwood, beginning October 1 and thru the end of March (weather permitting). Anyone interested in shooting, please contact Elizabeth at [hawkwoode@att.net](mailto:hawkwoode@att.net) or call 908-996-6315 for directions and information.

### **Arts & Sciences Activities**

Third Wednesday, 7:30 PM, St. Luke's Episcopal Church, 346 High Street (Rt 609), Hope, NJ.  
Contact [fafnir62@yahoo.com](mailto:fafnir62@yahoo.com) for information.

### **Fencing Practice**

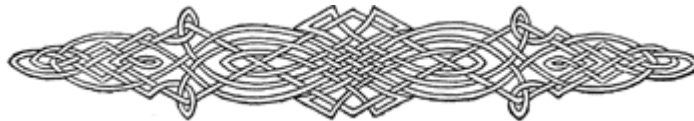
Thursdays from 7:30 PM to 10:00 PM at Maestro Fencing, 217 W Main St, Somerville, NJ 08876  
There is a \$5.00 site fee to cover the cost of using the facility. If you have a specific question regarding the practice, please contact Don Malcolm Bowman at [malcolm@sourcechronicles.com](mailto:malcolm@sourcechronicles.com)

### **Fighter Practice**

Wednesdays 6:30PM to 10:00PM, Nutley, NJ. A \$5.00 donation is requested to help defray the cost of the site rental. If you have questions, please email Sir Tanaka Raiko at [salvacion\\_hank@hotmail.com](mailto:salvacion_hank@hotmail.com). If you get lost, Tanaka's pager is 201-232-9337.

### **Youth Fighter Practice**

Practice will held one Sunday each month at St. Paul's Church in Flemington, NJ. Please contact the baronial seneschal for more information.



## *Directions to Practices*

### **Youth Fighter Practice - St. Paul's Church, Flemington**

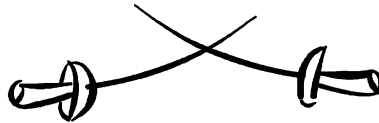
St Paul's is on Rt. 31 in Flemington, next door to the Hunterdon Medical Center, two miles north of the Flemington Circle. Directions are on line.

### **Fighter Practice - Reformed Church of Nutley, Nutley**

The church is on Hillside Crescent, Nutley, NJ. Directions are on line or contact Sir Tanaka Reiko at [salvacion\\_hank@hotmail.com](mailto:salvacion_hank@hotmail.com).

### **Fencing Practice – Maestro Fencing, Somerset**

Maestro Fencing is at 217 W Main St, Somerville, NJ. Directions are available on line or contact Don Malcolm Bowman at [malcolm@sourcechronicles.com](mailto:malcolm@sourcechronicles.com)



## *Baronial Business Meeting*

The meeting will be on February 10 at the home of Charis and Orlando. For directions and more information, contact the baronial seneschal Lord Erec L'Claire at [seneschal@settmourswamp.eastkingdom.org](mailto:seneschal@settmourswamp.eastkingdom.org) or call him at 908-268-0725 for more details.

## *Canton of Gryphonwald Business Meeting*

Gryphonwald meetings are held the fourth Sunday of the month. Contact the Gryphonwald seneschal, Lord Pippin a'Bheithir at [gryphonwald@settmourswamp.eastkingdom.org](mailto:gryphonwald@settmourswamp.eastkingdom.org) for details.

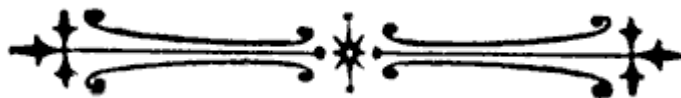
## *Canton of Marwick Business Meeting*

The Canton will meet on February 16 at Calvary Lutheran Church, 108 Eastman Street (on the corner of Eastman and Holly) in Cranford at 7:30 PM. For more details and directions, contact the seneschal, Lord Edmund Patterson at 908-561-2345 or email him at [clost95@aol.com](mailto:clost95@aol.com)

## *Canton of Marwick Officers*

<http://www.marwick.eastkingdom.org>

<b>Seneschal:</b> Don Edmund Patterson (Chris Lotano) (no calls after 9:30 PM please) <a href="mailto:clost95@aol.com">clost95@aol.com</a>	908-561-2345
<b>Deputy Seneschal:</b> Mistress Jessa d'Avondale (Marla Lecin) <a href="mailto:mlecin@gmail.com">mlecin@gmail.com</a>	732-563-1029
<b>Exchequer:</b> Lady Jehane de Fenwyk (Judithann Wapelhorst) <a href="mailto:jehane@marwick.eastkingdom.org">jehane@marwick.eastkingdom.org</a>	
<b>Herald:</b> Dona Emeline Patterson (Kirsten Lotano) (no calls after 9:00 PM, please)	908-561-2345
<b>Knight Marshall:</b> Lord Owynn Greenwood (Michael Sklower)	908-447-2979
<b>Marshal of Fence:</b> Don Edmund Patterson	908-561-2345
<b>Minister of Arts &amp; Sciences:</b> Lord Thorlaeifr Hvitkegg (Anthony Depczynski) <a href="mailto:thorlaeifr@marwick.eastkingdom.org">thorlaeifr@marwick.eastkingdom.org</a>	908-406-0143
<b>Webmaster:</b> Lord Owynn Greenwood	908-447-2979



## *Canton of Gryphonwald Officers*

<http://www.settmourswamp.eastkingdom.org/gryphonwald.html>

**Seneschal:** Lord Pippin a'Bheithir (Pippin Carino)  
311 Somerset St, New Brunswick, NJ 08801  
[gryphonwald@settmourswamp.eastkingdom.org](mailto:gryphonwald@settmourswamp.eastkingdom.org)  
**Chancellor of the Exchequer:** Ryan ( Ryan Brogan)  
[Gryphonwald-exchequer@settmourswamp.eastkingdom.org](mailto:Gryphonwald-exchequer@settmourswamp.eastkingdom.org)  
**Chatelaine:** Failenn Finn (Megan Geyer)  
[Gryphonwald-chatelaine@settmourswamp.eastkingdom.org](mailto:Gryphonwald-chatelaine@settmourswamp.eastkingdom.org)

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# *Barony of Settmour Swamp Officers*

<http://www.settmourswamp.eastkingdom.org>

<b>Baron:</b> Alexander MacGregor (Dave DeVito) 307 Village Drive, Somerset NJ 08873 baron@settmourswamp.eastkingdom.org	732-297-1721
<b>Baroness:</b> Rhiannon de Carreg Cennen (Bev Altrath) 163 Anderson Rd., Asbury, NJ 08802 baroness@settmourswamp.eastkingdom.org	908-537-7495
<b>Seneschal:</b> Lord Erec L'Claire (Eric Erb) seneschal@settmourswamp.eastkingdom.org	908-268-0725
<b>Sinking Tower Pursuivant:</b> Mistress Alys Mackyntoich (Alissa Pyrich) 180 W. Hanover Ave., Morristown, NJ 07960 herald@settmourswamp.eastkingdom.org	973-267-4818
<b>Knight Marshal:</b> Lord Aodhan O'Dunlaing (John Dowling) marshal@settmourswamp.eastkingdom.org	908-782-3303
<b>Chancellor of the Exchequer:</b> Lady Siobhna ap Prechainn (Elizabeth Green) e.rose.green.@gmail.com	732-300-0303
<b>Chronicler:</b> Baroness Elizabeth Hawkwood (Elizabeth Dobo) 71 Sky Manor Rd, Pittstown, NJ 08867 chronicler@settmourswamp.eastkingdom.org	908-996-6315
<b>Chirurgion (Acting):</b> Master Phillip Reed the Facetious (Scott Berk) chirurgion@settmourswamp.eastkingdom.org	908-319-1847
<b>Webmistress:</b> Lady Eleanor Callaghan (Tami Yaches) webmaster@settmourswamp.eastkingdom.org	908-230-8617
<b>Minister of A&amp;S:</b> Baroness Jehannine de Flandres (Jeanne Berk) MAS@settmourswamp.eastkingdom.org	908-319-0765
<b>Mistress of Lists:</b> Lady Ceara MacKieran MoL@settmourswamp.eastkingdom.org	
<b>Chatelaine:</b> Morgaine a Bheithir (Robyn Bauman) chatelaine@settmourswamp.eastkingdom.org	732-297-8240
<b>Marshal of Fence:</b> Don Orlando Sforza (George LaVigne) (please no calls after 10:00pm) fencing@settmourswamp.eastkingdom.org	908-850-8690
<b>Marshal of Thrown Weapons:</b> Padraig Quinn (Michael Piscetelli) thrownweapons@settmourswamp.eastkingdom.org	908-208-9662
<b>Captain of Archers :</b> Lord Thorlaeifr Hvitskegg (Anthony Depczynski) archery@settmourswamp.eastkingdom.org	908-406-0143
<b>Chamberlain:</b> Lady Gudrun Gudmunderdottir (Pat Butler) 626 Oxford St., Belvedere, NJ 07823 chamberlain@settmourswamp.eastkingdom.org	973-219-5694

