

THE MUDPUDDY



*The Newsletter of
the Barony of Settmour Swamp*

January A.S. XLII

Calendar of Events

January 2008

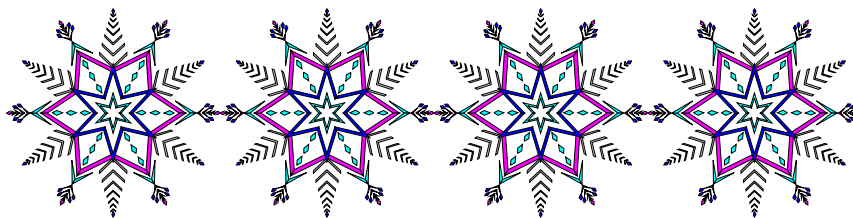
- 5 (RP) **East Kingdom 12th Night, Barony Beyond the Mountain, Newton, CT**
9 Baronial business meeting at Baroness Merlynia's in Maplewood, NJ 7:30 PM
- 12 (RP) **King & Queen's Fencing Champions, Panther Vale, White River Jct, VT**
13 Weapons practice, archery, Flemington, NJ, 1:30 PM
16 Tir Mynydd meeting, Hope, NJ, 7:30 PM
19 Bellringers, Barony of Carillion, Barnegat, NJ
- 25-26 (RP) **Market Day at Birka, Stonemarche, Manchester, NH**
25 *Deadline for Mudpuppy submissions*
27 Weapons practice, archery, Flemington, NJ, 1:30 PM
27 Gryphonwald meeting

February 2008

- 10 Weapons practice, archery, Flemington, NJ, 1:30 PM
12 Marwick meeting
13 Baronial business meeting, 7:30 PM
16 Winter Brawl, Barony of Bhakail
20 Tir Mynydd meeting, Hope, NJ, 7:30 PM
23 Noisemakers Schola III, Bailiwick of Iveyenrust, Clifton Heights, PA
- 23 (RP) **King & Queen's Bardic Champions, Shire of Anglespur, Hoosick Falls, NY**
24 Weapons practice, archery, Flemington, NJ, 1:30 PM
24 Gryphonwald meeting
25 *Deadline for Mudpuppy submissions*

Curia Announcement

The Curia of Their Majesties, Andreas and Gabriella, will be held at *A Market Day at Birka*, at 9:00 PM on Friday, January 25, 2008 in the Barony of Stonemarche. Please see the Pikestaff for directions to this event.



From the Seneschal

It's hard for me to imagine it, but my term is almost up, and it's time for me to step aside as your Seneschal. Therefore, at the March 2008 Baronial Business meeting, the baronial officers will select a candidate for Seneschal. The Seneschal is the baronial 'President,' responsible for all administrative duties of the Barony. All gentles interested in running for the office need to be present at the March business meeting. Please e-mail me before the meeting with your intention to seek the office.

Candidates will have the opportunity to address the baronial officers and answer questions at the meeting.

Prior to the meeting, please reference Section II of the Policies & Procedures Manual at [http://groups.yahoo.com/group/settmour_swamp/files/Official% 20Documents/](http://groups.yahoo.com/group/settmour_swamp/files/Official%20Documents/)

In service to the Dream,
Master Phillip Reed the Facetious



Officer Reports Presented at the December Business Meeting

Arts & Sciences

No report

Captain of Archers

The cold weather kept us to one practice this past month. Thorlaeifr covered the Sunday practice which had a few archers who came out to shoot in the cold weather. Baroness Elizabeth ran an archery shoot at 100 Minutes War. The Mudthaw archery shoot is being planned by Thorlaeifr and myself. A class "Designing Good Archery Targets" will be run around making the targets for Mudthaw. More details to come soon. I hope to have another class planned in January.

In service,
Jehannine de Flandres
Captain of Archers

Chamberlain

Things still in transition (ie stuff is still in Jehannine's & Phillip's shed) Need to replace some serving stuff before Mudthaw.

Chancellors' Minor

No news. Getting ready for Mudthaw.

Chatelaine

No report.

Chirurgion

To the best of my knowledge, folks in the Barony have been safe and in good health. During the month of November, Settmour Swamp chirurgions served at two events that I know of outside the Barony. Fall Crown Tournament, Concordia of the Snows: Lord Galefridus Peregrinus and Master Phillip Reed the Facetious and 100 Minutes War, Rusted Woodlands: Lord Galefridus Perergrinus

Chronicler

The December newsletter has been distributed electronically and in hard copy. There has been good response to the changes and additions that were made. It was very gratifying to have the newsletter nominated for a William Blackfox award in my first year as Chronicler. I hope to improve the newsletter even more in the coming year.

YIS,

Elizabeth

Exchequer

No report

Fencing

Fencing going well. Thursdays and Sundays. Helping Rusted Woodlands practices too. Looking into new equipment; Edmund will put a proposal together for next meeting. May have another practice once a month.

Herald

No report

Knight Marshal

Practices continue but are slowing down and stopping for the winter Holidays. Things will resume normally in January.

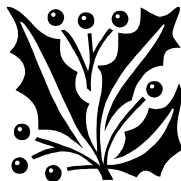
Culann

MoL

No report

Webmistress

The web site has been updated to include the most recent meeting and practice information.



Focus on the Arts

This month the focus is on Jehannine de Flandres who is an accomplished brewer.

Q: How long have you been in the SCA?

A: Over 12 years.

Q: Have you always lived in Settmour Swamp or have you played with different groups during your SCA life?

A: Being part of House Grog based out of Carillion I mainly played there when I joined the SCA. It has only been the past four years that I have become more active in Settmour Swamp.



Q: Do you have a persona? If so, please tell us about it.

A: I have a Flemish persona now. I started out with a 12th century French persona out of the Bordeaux region of France, but as I evolved I came to the conclusion that I wanted to be more Flemish. I am still in the process of researching the details, though I think it will be 13th-14th century out of the Brugge/Ghent region.

Q: Do you have any Baronial or Kingdom level awards? If so, what are they?

A: Yes, I have been honored a chime and a sable bell from Carillion for feast-o-crating three events and for my brewing. I have also received the iron tower (for archery), the ivory tower (brewing) and the bronze tower (service as an officer and autocrat) from Settmour Swamp. I also have my AoA and this past year was honored with a Silver Crescent and a Maunche.

Q: Are you an apprentice, protégé, or squire? If yes, to whom?

A: Yes, I have taken a green belt to Duchess Roxane at Pennsic 36.

Q: What arts and sciences do you practice?

A: My main focus is brewing, I have made beers, meads, ciders and cordials, and currently I'm working more on the research side and hope to better document some of the items I am working on. I am also interested in cooking and have some themed feasts. I'm dabbling in sewing and embroidery. I also paint and design archery targets for themed shoots, which takes some artistic flair.

Q: Where did you learn your skills and from whom did you learn?

A: I pretty much just took it on by myself; it was always an interest and finally with enough pushing from some friends I took the plunge. I think the key is that you really have to enjoy what you are doing. I started brewing because it was a form of cooking, but now I am starting to think of it more in terms of how it was done during my time period versus modern methods. So this jump was easy because of my interest.

Q: Are there any areas of arts and sciences that you would like to learn about or any skills you would like to practice that you don't already?

A: Yes, calligraphy. I haven't picked up a brush or quill, but I plan on it once I finish up some of my other projects. Trying to stay focused...

Q: What project(s) have you completed of which you are most proud?

A: The Persian cloud collar I embroidered (silk on silk) for Duke Lucan to wear at Muthaw 2007.



The horehound beer is another one since I grew the horehound myself. This is one I am going to develop further into a gruit ale, involving many herbs and spices.

Q: What are you working on now?

A: Currently I have a Perry and a Cider fermenting with wild yeasts and I am hoping to make some more meads soon. Plus beers!

Q: What projects do you have planned for the coming year?

A: Really trying to get more period in my methods of brewing. I am hoping to do an open fermentation in wood and possibly use a copper kettle for the boil. I am also hoping to have an apple pressing event as a cider class next fall.

Q: Of the A&S skills you possess, which do you think you would be able to teach to others?

A: Currently the brewing. I've had mead and cordial classes and hope to arrange a beer brewing class this winter.

Q: Are you willing to share your knowledge with the populous? If so, how can you be contacted should someone be interested in leaning from you?

A: Always. Hopefully getting others involved will teach and show me new ideas. People with differing views push you to rethink and learn and that is what I want.



About This Month's Cover

The cover is an image of King Wenceslas II or Vaclav, on throne with troubadours, from the Manesse codex, 1305-40. Wenceslas assumed the throne of Bohemia (now known as the Czech Republic) when he was thirteen, but did not take power until the age of eighteen. "Good King" Wenceslas died on September 20, 929. He was in his early twenties and had ruled Bohemia for five years. Today he is remembered as the patron saint of the Czech Republic.



Culinary Corner

New Years Feast Duck with Walnuts and Pomegranates *Khoresht-e Fesenjan*

Submitted by Wilhelm von Utrecht

This wonderful dish comes to us from The Legendary Cuisine of Persia, pages 110-111. A few years back we had a wonderful event that I cooked which was our annual Inn of the Black Griffin. This year it was pirate themed. I used the different courses to represent different ports of call pirates may have come to. This dish was the height of the event and I believe would make a wonderful New Year's Feast.

1	Large Duck
1	Medium Onions
1-1/2 cup	Shelled Walnuts
3-5 tbs	Pomegranate paste (Or reduce about 2 quarts fresh pomegranate juice to create paste)
6 ounces	Ground lamb or veal optional
2-3.1 tbs	Sugar (if using pomegranate paste) Juice of one lemon (if using reduced pomegranate juice)

Simmer the carcass with half an onion for several hours to produce about 1 quart stock. Strain and reserve stock. Discard carcass.

Pick over and chop the walnuts, then put them through a grinder or (use a food processor). Fry the walnuts in oil, stirring constantly, until they change color and darken (about 15 minutes). Put to one side to cool. Excess fat may then be removed.

Fry the duck pieces on all sides for a few minutes. Remove with a slotted spoon and when cool enough to handle, remove the skin. Meanwhile, chop the second onion and fry until soft and golden in the same pan. Return the skinned duck pieces, add enough of the cooled duck stock to just cover the duck, put on the lid and simmer for 20 minutes.

Add the walnuts with a little more stock and simmer gently for another 20 minutes, stirring from time to time.

If desired, mix the ground meat, the remaining onion and a little salt together and with wet hands make into tiny meatballs. Fry until nicely browned.

Stir in the pomegranate paste or juice and continue to simmer gently until the duck is tender. Add salt and sugar (if using pomegranate paste) or lemon juice (if using pomegranate juice). Add the meatballs (if you opted to make them) and simmer for a few more minutes.

Dish up the stew into a warm bowl, and serve with plain white rice.

Wilhelm's Notes

Ok first, the most meat on duck is on the thigh or drum stick. You are paying top dollar for a duck that weighs 3-4 lbs. and you want that weight to be meat and not bone. Talk to your retailer, the merchant will inform you about the differences on prices and meat. If they are a quality merchant, such as Griggstown Quail Market, who you can see on-line at: <http://www.griggstownquailfarm.com/>. They are local to us in Griggstown/Kendal Park, Somerset County.

When I made this dish, I was cooking 40 lbs of duck. I opted to first boil the duck for several hours to rend fat. I then roasted the duck. Having since cooked smaller portions as above, I prefer browning the duck over boiling. The skin is much easier to remove. Some folks like the crackling of fried duck skin. I find there is usually a thick layer of fat. I want to get rid of it.

We opted to cook the walnuts and put them on the side as a garnish so that nut allergy folks could eat this dish. We did not make this with the optional meatballs.

I kept this dish very simple. Once we rendered and removed the duck fat, I roasted the duck with caramelized onion, lemon juice, pomegranate concentrate (from my local Indian grocer), pomegranate seeds and just enough duck stock to keep it moist.

Good Feasting and Happy New Year to you all,

Wilhelm



Currently on Exhibit:

The Metropolitan Museum of Art, New York, NY

The Gates of Paradise: Lorenzo Ghiberti's Renaissance Masterpiece (thru January 14, 2008)

Three panels from the Gates of Paradise are being exhibited after undergoing 25 years of restoration.

Gallery Talks at the Cloisters, a branch of the Metropolitan Museum devoted to the art and architecture of medieval Europe, Fort Tryon Park, NY

Medieval Doorways and Portals at The Cloisters, January 12, Noon and 2:00 PM

Works at the Cloisters & Their Liturgical Content, January 19, Noon and 2:00 PM

The Hunt for Love in Late Medieval Art, January 26, Noon and 2:00 PM

Among its masterpieces are an early-fifteenth-century French illuminated book of hours, *Les Belles Heures de Jean, Duc de Berry*; a richly carved twelfth-century ivory cross attributed to the English abbey of Bury Saint Edmunds and stained-glass windows from the castle chapel at Ebreichsdorf, Austria.

Practices and Activities

Archery Practice

Second and fourth Sunday, St. Paul's Church, Flemington, NJ.

October thru April weekends in Pittstown at the home of Elizabeth Hawkwood. Anyone wanting to shoot, please contact her at hawkwoode@att.net or call 908-996-6315 for directions and information.

Arts & Sciences Activities

Third Wednesday, 7:30 PM, St. Luke's Episcopal Church, 346 High Street (Rt 609), Hope, NJ.
Contact fafnir62@yahoo.com for information.

Dance Practice

Dance practice is cancelled until further notice. Marwick is still looking for a new location.

Fencing Practice

Thursdays from 7:30PM to 10:00PM, Somerset, NJ. Location is Maestro Fencing, 217 W Main St, Somerville, NJ 08876 There is a \$3.00 site fee to cover the cost of using the facility. Contact Sebastian Estevan de Xavier for more information via email at Xavier1101@yahoo.com or call 732-742-8882.

Youth Fighter Practice

Currently not scheduled. Please contact Angus Sutherland at 908-284-2614 or email him at minor@settmourswamp.eastkingdom.org for current information.

Settmour Swamp Fighter Practice

Wednesdays 6:30PM to 10:00PM, Nutley, NJ. A \$5.00 donation is requested to help defray the cost of the site rental. If you have questions, please email Sir Tanaka Raiko at salvacion_hank@hotmail.com. If you get lost, Tanaka's pager is 201-232-9337.

Thursdays, 7:30PM to 9:30PM, St. Paul's Church, Flemington, NJ.



New Fencing Website

The members of TOAD are pleased to announce our new website at www.toadacademy.com.

The really nice part of the new website is the Message Board, dedicated to rapier combat in Northern NJ. We have forums for fencing information in Settmour Swamp, Rusted Woodlands, a marshals forum, and even a forum dedicated to Cut & Thrust. Registration for the message board just takes a minute, and best of all, its FREE. So please join us.

Directions to Practices

Youth Fighter Practice - St. Paul's Church, Flemington

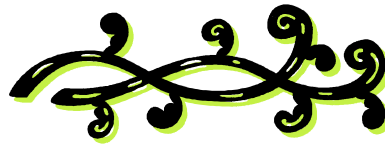
St Paul's is on Rt. 31 in Flemington, next door to the Hunterdon Medical Center, two miles north of the Flemington Circle. Directions are on line or contact Angus Sutherland at 908-284-2614 or email minor@settmourswamp.eastkingdom.org

Fighter Practice - Reformed Church of Nutley, Nutley

The church is on Hillside Crescent, Nutley, NJ. Directions are on line or contact Sir Tanaka Reiko at salvacion_hank@hotmail.com.

Fencing Practice – Maestro Fencing, Somerset, NJ

Maestro Fencing is at 217 W Main St, Somerville, NJ 08876 Directions are available on line or contact Sebastian Estevan de Xavier via email at Xavier1101@yahoo.com or call 732-742-8882.



From the Canton of Gryphonwald

Gryphonwald meetings are held the fourth Sunday of the month. Contact the Gryphonwald seneschal, Lord Pippin a'Bheithir at gryphonwald@settmourswamp.eastkingdom.org for details.

From the Canton of Marwick

For information about the January meeting, please contact the seneschal, Lord Edmund Patterson (clost95@aol.com) or call 908-561-2345. No calls after 9:30 PM please.

Baronial Business Meeting

The January meeting will be at the home of Baroness Merlynia in Maplewood, NJ. For directions and more information, contact the baronial seneschal via email or phone 908-319-1847 for more details.

Canton of Marwick Officers

<http://www.marwick.eastkingdom.org>

Seneschal: Lord Edmund Patterson (Chris Lotano) (no calls after 9:30 PM please) clost95@aol.com	908-561-2345
Exchequer: Jehane de Fenwyk (Judithann Wapelhorst), jehane@marwick.eastkingdom.org	
Herald: Dona Emeline Patterson (Kirsten Lotano) (no calls after 9:30 PM, please)	908-561-2345
Knight Marshall: Lord Owynn Greenwood (Michael Sklower)	908-447-2979
Marshal of Fence: Lord Edmund Patterson	908-561-2345
Minister of Arts & Sciences: Thorlaeifr Hvitkegg (Anthony Depczynski) thorlaeifr@marwick.eastkingdom.org	908-406-0143
Webmaster: Lord Owynn Greenwood	908-447-2979



Canton of Gryphonwald Officers

<http://www.geocities.com/gryphonwald/>

Seneschal: Lord Pippin a'Bheithir (Pippin Carino) 311 Somerset St, New Brunswick, NJ 08801 gryphonwald@settmourswamp.eastkingdom.org	
Herald: Gardr Gunnarson (Michael Grossberg) Gryphonwald-herald@settmourswamp.eastkingdom.org	
Minister of A&S: Sofi'a Serafimskaia (Susan Saladini) Gryphonwald-moas@settmourswamp.eastkingdom.org	
Chancellor of the Exchequer: Cormac a'Bheithir (Cory Stanish) Gryphonwald-exchequer@settmourswamp.eastkingdom.org	
Chatelaine: Ryan (Ryan Brogan) Gryphonwald-chatelaine@settmourswamp.eastkingdom.org	

This is the January 2008 issue of *The Mudpuppy*, a publication of the **Barony of Settmour Swamp** of the Society for Creative Anachronism, Inc. (SCA, Inc). The Mudpuppy is available from Baroness Elizabeth Hawkwood (Elizabeth Dobo, 71 Sky Manor Rd, Pittstown, NJ 08867). It is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA Inc. policies. Paper copies are available for a suggested donation of \$12 for 12 issues. Make checks payable to "SCA, Inc. – Barony of Settmour Swamp." For electronic (email) subscription, please contact chronicler@settmourswamp.eastkingdom.org Copyright 2008 Society for Creative Anachronism, Inc. (except where noted) For information on reprinting photographs, articles or artwork from this publication, contact the chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

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Seneschal: Master Phillip Reed the Facetious (Scott Berk) seneschal@settmourswamp.eastkingdom.org	908-319-1847
Sinking Tower Pursuivant: Mistress Alys Mackyntoich (Alissa Pyrich) 180 W. Hanover Ave., Morristown, NJ 07960 herald@settmourswamp.eastkingdom.org	973-267-4818
Knight Marshal: Baron Cullynn mac Kinnon (Scott Lubin) (no calls after 11:00 PM please) marshal@settmourswamp.eastkingdom.org	732-494-5117
Chancellor of the Exchequer: Lady Gwenhyvar Telynores (Jennifer Roberts) exchequer@settmourswamp.eastkingdom.org	973-303-9439
Chronicler: Baroness Elizabeth Hawkwood (Elizabeth Dobo) 71 Sky Manor Rd, Pittstown, NJ 08867 chronicler@settmourswamp.eastkingdom.org	908-996-6315
Chirurgion: Baroness Edana mac Kinnon (Tina Ilowite) (no calls after 11:00 PM please) chiurgeon@settmourswamp.eastkingdom.org	732-494-5117
Webmistress: Lady Eleanor Callaghan (Tami Yaches) webmaster@settmourswamp.eastkingdom.org	
Minister of A&S: Lady Elisabeth Elenore Lovell (Stacey Rothrock Steinfeld) (no calls after 9:00 PM please) MoAS@settmourswamp.eastkingdom.org	732-596-0880
Mistress of Lists: Lady Ceara MacKieran MoL@settmourswamp.eastkingdom.org	
Chancellors Minor: Angus & Brianna Sutherland (Brian & Brenda Hondrich) minor@settmourswamp.eastkingdom.org	908-284-2614
Chatelaine: Lady Sofi'a Serafimskaia (Susan Saladini) chatelaine@settmourswamp.eastkingdom.org	732-213-4806
Marshal of Fence: Lord Edmund Patterson (Chris Lotano) (No calls after 9:30 PM please) fencing@settmourswamp.eastkingdom.org	908-561-2345
Captain of Archers: Lady Jehannine de Flandres (Jeanne Berk) archery@settmourswamp.eastkingdom.org	908-319-0765
Chamberlain: Lady Gudrun Gudmunderdottir (Pat Butler) 626 Oxford St., Belvedere, NJ 07823 chamberlain@settmourswamp.eastkingdom.org	973-219-5694
Youth Combat: Vacant	