

# *The Mudpuppy*



*The Newsletter of the  
Barony of Settmour Swamp*

*January A.S. XLIV*

# *Calendar of Events*

## January 2010

- 9 Mistletoe Revel with a Twist, Shire of Barren Sands (Margate, NJ)
- 10 Baronial 12th Nite Gathering, heavy weapons practice, fencing,  
1:30 PM, St. Paul's, Flemington, NJ
- 13 Baronial business meeting at the home of Eleanor Callaghan
- 16 (RP) East Kingdom Twelfth Night/Kings & Queens Rattan Champions  
Shire of Panther Vale (Barre, VT)**
- 23 Chirurgy and Cooking: A Winter Schola, Barony of Settmour Swamp  
(Flemington, NJ)
- 23 An English Country 12th Night, Shire of Owlsherst, (Wellsville, PA)
- 25 *Deadline for Mudpuppy submissions*
- 29-30 (RP) Market Day at Birka, Barony of Stonemarche (Manchester, NH)**

## February 2010

- 6 Bellringers - Carillion Birthday Celebration, Barony of Carillion (Manalapan, NJ)
- 10 Baronial business meeting
- 20 (RP) East Kingdom Bardic Champions, Crown Province of Ostgard  
(New Hyde Park, NY)**
- 25 *Deadline for Mudpuppy submissions*
- 27 (RP) King and Queen's Fencing Champions, Barony of Settmour Swamp (Denville, NJ)**

For information on the Sunday practices held in Flemington, please contact the baronial seneschal at [seneschal@settmourswamp.eastkingdom.org](mailto:seneschal@settmourswamp.eastkingdom.org)

Cover art from the The Mediaeval Ages Past and Present, used with permission.



*Unto the populace of the Barony of Settmour Swamp do Alexander and Rhiannon, Baron and Baroness of Settmour Swamp send greetings.*

We hope you all had a wonderful holiday season and are ready to have some fun in the current Middle Ages during these winter months.

On Sunday November 29th we both took a trip to the Allentown PA Art Museum. We were joined by Lady Gudrun and Lady Stephanie. We had a pleasant afternoon exploring the various galleries of the museum. While it is a small museum it was well worth the trip. Our next trip will most likely be The Princeton Art Museum after they reopen their medieval galleries. We are thinking some time in April for this.

On Sunday January 10th we will be having a Baronial 12th night gathering at St .Paul's Church in Flemington. We do hope many of you can stop by so we can socialize and get caught up after the busy holiday season. We ask if people can bring a snack or drink to share. We would also like to have a dance class that afternoon and we are looking for a volunteer to run it. If you have any questions, please contact Alexander. We will be starting at 1:30PM and going to 4:30PM please come in garb.

January will start a busy period for the Swamp. On January 23rd we will be holding the Chirurgy and Cooking: A winter schola in Flemington. Dom. Galefridus Peregrinus is the autocrat for this event. For more information on classes please check the announcement or contact Galefidus.

On February 27th we have the honor of hosting Their Majesties as they select their new King's and Queen's fencing champions in Denville NJ. The autocrat is Don Orlando Sforza and the feast and dayboard are being prepared by Lady Charis Accipiter. For more information, please see the announcement or contact the autocrat.

On March 27th we have Mudthaw. This will be our 30th annual Mudthaw and we do hope to make it one of the best. For all the information on the event, please visit the Mudthaw website: <http://settmourswamp.eastkingdom.org/mudthaw2010/>. This year's Autocrat is Master Alexander Younger and the feast is being prepared by Lady Cassandra deMatisse.

We are still looking for an Autocrat, a Cook and a quest author for Quest. If you have any interest in autocrating, cooking or writing the quest this year please contact our Seneschal Lord Erec L'Claire. The selection will be made at the January business meeting on Jan 13th. Our monthly business meetings are open to all. If you want to know what is going on in the Barony and what is being planed for the future, please contact us or our Seneschal for information on the next meeting.

As you can see there is a lot going on over the next several months. We hope you take this time to come out to an event if you have not been to one in awhile. If you are looking for a way to get more involved in the Barony there are plenty of opportunities to do that. If you are not sure how to go about doing that, just contact us and we will help you find something and get you in touch with the right person.

We hope to see you at the Baronial 12th night gathering on January 10th.

*Rhiannon and Alexander*



## *Baronial 12<sup>TH</sup> Nite Gathering*



**Date:** Sunday, January 10<sup>th</sup>

**Location:** St. Paul's Church, Flemington, NJ

We will be holding a populace gathering at St Paul's at our first practice of 2010. Start time is 1:30PM and goes until 4:30PM. Please bring a snack to share and come in garb.

### *Announcement of Baronial Officer Elections*

#### *Current Vacancies*

Three officer positions are vacant and available immediately. Please come forward if you are interested.

**Youth Marshall** – Responsible for overseeing youth combat activities. The rules of the East Kingdom require **youth marshals to have a valid background check** and supervise practices using a '2 deep' model. This means that practices are coached by two adults who are not related to one another. One of them must have completed the background check. For complete details please reference the Youth Fighting website <http://youthfighters.eastkingdom.org/marshallate.html>

**Chancellor Minor** – Organizes activities for children and teenagers at event.

**Chirurgeon** - The Baronial Chirurgeon is in charge of arranging First Aid at Baronial events.

*Note: the candidate(s) must be a warranted chirurgeon at the time he/she accepts the office.*

#### *Upcoming Elections*

In accordance with Baronial Policy and Procedure, the following Baronial offices' are up for election in January and March, 2010.

**Marshal of Fence** - to be voted on at the **January 2010** meeting,

**Knight Marshal, Seneschal** - to be voted upon at the **March 2010** meeting.

All gentles interested in running for any of these positions must be present at the respective business meeting at which the vote will be cast. The incumbent officer must also be present. Candidates will have the opportunity to address the Baronial officers and answer questions at the meeting.

Prior to the meeting, please reference Section II of the Policies & Procedures Manual at [http://groups.yahoo.com/group/settmour\\_swamp/files/Official% 20Documents/](http://groups.yahoo.com/group/settmour_swamp/files/Official%20Documents/)

Please e-mail the Baronial Seneschal, Lord Erec L'Claire, prior to the meeting with your intention to seek the office.

# ***Officer Reports Presented at the December Business Meeting***

Location: The home of Orlando and Charis

Recording Scribe: Erec

Attendees: Alexander, Rhiannon, Cas, Master Alexander, Edmund, Owynn, Orlando, Katherine, Galefirdus, Padraig and Siobhna

The meeting was adjourned at 9:38 PM.

## **Herald**

Still alive. Doing submissions. Being heraldy

## **Knight Marshall**

Folks are still fighting. Practices being held. All is well.

## **Exchequer**

I am working with Tami to get an Exchequer page up on the website that will have reservation forms for upcoming events, applications for reimbursement, event fee refund request forms, waivers, and other important documents. On that note, I am working on reservation forms for upcoming events that will be clear and concise and easily printable to send in with checks for reservations so there is no confusion. All forms also contain links to waivers so people may click on them and send waivers in with reservations for express check-in. I am working on them now and getting second and third opinions before they are published. I am trying to keep them to one page while still including all relevant information. This is the hard part. After this is done, they will be posted as .pdf files (with your approval) to the exchequer page and links to these pages should be posted as a link under the reservations section of the upcoming event postings on the EK website.

Unfortunately, I left the papers at home that I needed to fix the event report for Seraglio. Evidently, Kelly gave me some receipts with multiple items on them without telling myself or Dave that not all items on the receipt were purchased for the event. I should be able to reconcile this tonight when I get home. It should be done by the meeting and I will send you an updated event report and monthly report at that time.

Let me know if you have any other questions. I'll let you know as soon as I get the reservation forms done as I REALLY want to get them up on their respective sites. I hope these will help, especially with the number of upcoming events and the percentage of those with express check-in.

## **Chronicler**

The December issue has been distributed. Nothing else to report.

## **Arts & Sciences**

No report

## **Mistress of Lists**

No report

## **Chatelaine**

We have had one or two e-mail contacts

### **Marshal of Fence**

No report

### **Captain of Archers**

We had a practice we had in the beginning of the month that was attended by several archers. Two interested newcomers came and tried some shots at the targets and took info about starting equipment. No further news to report

### **Marshal of Thrown Weapons-**

For this month I have nothing to report. Right now I am working on restructuring a few things about the thrown weapons program in the barony. Currently I don't have enough information to say anything yet but I'll present my information when I am done. Also I have Colin watching my office when I am away with the army.

### **Chirurgion (Acting)**

No report

### **Chamberlain**

No changes, no shelves

### **Webmistress**

All requests for updates during the month of November have been completed. There is a pending request to update the Gryphonwald officers list, which will be completed this week. Also planned for the month of December are the regularly scheduled updates to the calendar and meetings page, as well as the addition of a new section for the Exchequer, which will contain downloadable forms for the use of the Barony populace.

My current deputies are: (Master!) Alexander Younger, and Owynn Greenwood. Both have full access to the baronial website.

My year end report will be submitted soon, with a copy sent to our Seneschal.



## **Upcoming Exhibit at the Metropolitan Museum of Art, New York,**

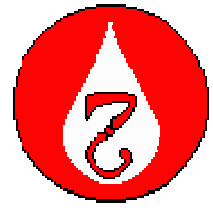
**The Art of Illumination: The Limbourg Brothers and the Belles Heures of Jean de France, Duc de Berry, March 2, 2010 – June 13, 2010, . Robert Lehman Wing**

The *Belles Heures* (1405–1408/9) of Jean de Berry, a treasure of The Cloisters collection, is one of the most celebrated and lavishly illustrated manuscripts in this country. Because it is currently unbound, it is possible to exhibit all of its illuminated pages as individual leaves, a unique opportunity never to be repeated. The exhibition will elucidate the manuscript, its artists—the young Franco-Netherlandish Limbourg Brothers—and its patron, Jean de France, duc de Berry. A select group of precious objects from the same early-fifteenth-century courtly milieu will place the manuscript in the context of the patronage of Jean de Berry and his royal family, the Valois.

# Chirurgý and Cooking: A Winter Schola

## January 23rd, 2010

### Flemington, NJ



Come join us for our Winter Schola! We will be having two class tracks: one on health and safety, and another on food and cooking. Many of the health and safety classes will be oriented toward those who serve or want to serve in the Chirurgionate

For those who wish to obtain or renew first aid or CPR certifications, we will be offering ASHI CPR and First Aid classes. The cost of these classes is NOT INCLUDED in the site fee.

The tentative list of health and safety classes includes:

ASHI CPR Pro (additional fee required)  
ASHI Basic First Aid (additional fee required)  
Bloodborne Pathogens: If it's wet and sticky and it isn't yours, don't touch it!  
Chirurgion 101: Doing first aid in the SCA  
Armor Extrication: Getting fighters out of their armor and staying their friend.  
Heat and Cold Injuries  
Care and Feeding of Fighters  
Food Safety for Camping Events  
Medieval Medicine: What the average medieval person knew about medicine.

The cooking and food class track is being prepared by Baroness Juliana von Altenfeld, OL, OP. If you'd like to teach a class, please contact her at [feenercrai@aol.com](mailto:feenercrai@aol.com) A hearty dayboard will be provided, prepared by Maistreas Shannon Gallowglass. Please direct all food and allergy concerns to [shannon@gallowglass.org](mailto:shannon@gallowglass.org)

#### Directions:

**From Route 287:** Take I-287 to US-202 (Exit 17). Go South on US-202 to Flemington NJ Make first right at the circle to get onto NJ-31 North Follow signs to Hospital; make first left past Hospital onto Gaunt Place. The church is on left.

**From Route 78 (western NJ/PA):** Go East on I-78 to NJ-31 (Exit 17) Take Route 31 south Follow signs for Hospital; before you get there, make right onto Gaunt Place. The church is on left.

**From Northeast Jersey/New York City:** Take New Jersey Turnpike south to I-78 West, I-78 west towards GARDEN STATE PARKWAY/CLINTON. Merge onto I-78 express lane west. Take exit 29 for I-287 South towards Somerville (RT 202/206) Follow above instructions for Route 287.

**From southeast Jersey/Garden State Parkway:** Take Parkway North to exit 98 (I-195) Go West on I-195 to I-295 North. Take I-295 North to I-95 South. Take I-95 to exit 4 - Route 31. Go North on NJ-31 to Flemington. At circle, go 1/2 way around stay on NJ-31 North Follow signs to Hospital; make first left past Hospital onto Gaunt Place, church is on left.

**From Philadelphia:** Take I-95 NORTH to New Jersey, get off at exit 4 - Route 31. Take Rt 31 North to Flemington. At circle, go 1/2 way around to stay on NJ-31 North Follow signs to Hospital; make first left past Hospital onto Gaunt Place. The church is on left.

**Site:**

St. Paul's Lutheran Church; 201 Route 31, Flemington, NJ 08822

**Site Opens:** 9:00am

**Site Closes:** 7:00pm

**Event Fees:** Adult Member: \$10; Adult Non-member \$13; No reduced fee for children.  
(All children must be accompanied and watched by an adult.) Trolly will open at 9:00am and close at 12:00 Noon. All reservations must be postmarked by January 13

**Feast:** There is no Feast

**Reservations:** Please send the following information with your reservation: mundane and SCA names for all persons included in the reservation, proof of membership for all members included in the reservation (photocopy of membership card or copy of cover of recent Pikestaff cover with the members name is acceptable), contact information, and check or money order made out to SCA Inc./ Barony of Settmour Swamp for the total amount of the reservation. All reservations must be postmarked by January 13 and sent to:

Settmour Swamp Chirurgy and Cooking Schola  
c/o Elizabeth Green  
140 Coburn Ln.  
Somerset, NJ 08873

Incomplete reservations will be returned. Refunds will be available for those who are unable to attend the event. Please contact Lady Siobhna at [e.rose.green@gmail.com](mailto:e.rose.green@gmail.com) before the event to request a refund form. Refunds will be unavailable after the event.

If you plan on taking the CPR class, please notify the instructor (Master Robin Gallowglass [deputy@chirurgeon.eastkingdom.org](mailto:deputy@chirurgeon.eastkingdom.org)) so that he can bring sufficient materials. There will be a limit on class size.

**Autocrat:** Dom. Galefridus Peregrinus (Lon Mendelsohn) [galefridus@optimum.net](mailto:galefridus@optimum.net)  
Phone: (973) 214-4957 (before 10:00pm)

**Make Checks Payable to:** SCA, Inc. - Barony of Settmour Swamp



# Culinary Corner

## Beets with Mustard

Submitted by Wilhelm van Utrecht



Betas elixas: Ex sinapi, oleo modico et aceto bene inferuntur.

From: Apicius, page 98, Taste of Ancient Rome, Pg. 140

Boiled beets: they are served nicely with mustard, a bit of oil and vinegar.

Serves 4

- 2 Large beets
- 1 Tablespoon prepared mustard
- 1 Tablespoon Olive Oil
- 1 Tablespoon Vinegar

Boil the beets, peel them and slice. Cover with a sauce made of prepared mustard, olive oil and vinegar.

Jacques Andre translates betas in this recipe as beet greens, which work equally well.

### Wilhelm's Notes

I love beets, not everyone does. The contrast of the beets, vinegar and mustard are wonderful in the recipe.

From personal experience with beets and this recipe, I suggest that you peel and cut the beets prior to boiling if you don't want to peel hot beets. Also I strongly suggest you wear latex or vinyl kitchen gloves. Beets secrete a red to burgundy vegetable die and your hands end up that color if you do not take steps against this whether the beet is raw or cooked.

This dish is a good compliment to beef, pork or fowl.

Good Eating

## **Practices and Activities**

### **Archery Practice**

Second and fourth Sunday, St. Paul's Church, Flemington, NJ.

Sundays at the home of Elizabeth Hawkwood, beginning October 1 and thru the end of March (weather permitting). Anyone interested in shooting, please contact Elizabeth at [hawkwoode@att.net](mailto:hawkwoode@att.net) or call 908-996-6315 for directions and information.

### **Arts & Sciences Activities**

Third Wednesday, 7:30 PM, St. Luke's Episcopal Church, 346 High Street (Rt 609), Hope, NJ.  
Contact [fafnir62@yahoo.com](mailto:fafnir62@yahoo.com) for information.

### **Fencing Practice**

Thursdays from 7:30 PM to 10:00 PM at Maestro Fencing, 217 W Main St, Somerville, NJ 08876  
There is a \$5.00 site fee to cover the cost of using the facility. If you have a specific question regarding the practice, please contact Don Malcolm Bowman at [malcolm@sourcechronicles.com](mailto:malcolm@sourcechronicles.com)

### **Fighter Practice**

Wednesdays 6:30PM to 10:00PM, Nutley, NJ. A \$5.00 donation is requested to help defray the cost of the site rental. If you have questions, please email Sir Tanaka Raiko at [salvacion\\_hank@hotmail.com](mailto:salvacion_hank@hotmail.com). If you get lost, Tanaka's pager is 201-232-9337.

### **Youth Fighter Practice**

Practice will held one Sunday each month at St. Paul's Church in Flemington, NJ. Please contact the baronial seneschal for more information.



## *Directions to Practices*

### **Youth Fighter Practice - St. Paul's Church, Flemington**

St Paul's is on Rt. 31 in Flemington, next door to the Hunterdon Medical Center, two miles north of the Flemington Circle. Directions are on line.

### **Fighter Practice - Reformed Church of Nutley, Nutley**

The church is on Hillside Crescent, Nutley, NJ. Directions are on line or contact Sir Tanaka Reiko at [salvacion\\_hank@hotmail.com](mailto:salvacion_hank@hotmail.com).

### **Fencing Practice – Maestro Fencing, Somerset**

Maestro Fencing is at 217 W Main St, Somerville, NJ. Directions are available on line or contact Don Malcolm Bowman at [malcolm@sourcechronicles.com](mailto:malcolm@sourcechronicles.com)



## *Baronial Business Meeting*

The meeting will be on January 13 at 7:30 PM at the home of Orlando and Charis. For directions and more information, contact the baronial seneschal Lord Erec L'Claire at [seneschal@settmourswamp.eastkingdom.org](mailto:seneschal@settmourswamp.eastkingdom.org) or call him at 908-268-0725 for more details.

## *Canton of Gryphonwald Business Meeting*

Gryphonwald meetings are held the fourth Sunday of the month. Contact the Gryphonwald seneschal, Lord Pippin a'Bheithir at [gryphonwald@settmourswamp.eastkingdom.org](mailto:gryphonwald@settmourswamp.eastkingdom.org) for details.

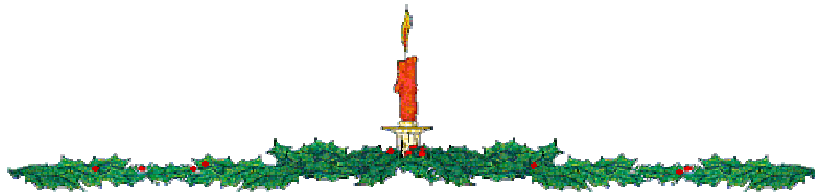
## *Canton of Marwick Business Meeting*

The Canton will meet on January 19 at Calvary Lutheran Church, 108 Eastman Street (on the corner of Eastman and Holly) in Cranford at 7:15 PM. For more details and directions, contact the seneschal, Lord Edmund Patterson at 908-561-2345 or email him at [clost95@aol.com](mailto:clost95@aol.com)

## *Canton of Marwick Officers*

<http://www.marwick.eastkingdom.org>

<b>Seneschal:</b> Don Edmund Patterson (Chris Lotano) (no calls after 9:30 PM please) <a href="mailto:clost95@aol.com">clost95@aol.com</a>	908-561-2345
<b>Deputy Seneschal:</b> Mistress Jessa d'Avondale (Marla Lecin) <a href="mailto:mlecin@gmail.com">mlecin@gmail.com</a>	732-563-1029
<b>Exchequer:</b> Lady Jehane de Fenwyk (Judithann Wapelhorst) <a href="mailto:jehane@marwick.eastkingdom.org">jehane@marwick.eastkingdom.org</a>	
<b>Herald:</b> Dona Emeline Patterson (Kirsten Lotano) (no calls after 9:00 PM, please)	908-561-2345
<b>Knight Marshall:</b> Lord Owynn Greenwood (Michael Sklower)	908-447-2979
<b>Marshal of Fence:</b> Don Edmund Patterson	908-561-2345
<b>Minister of Arts &amp; Sciences:</b> Lord Thorlaeifr Hvitkegg (Anthony Depczynski) <a href="mailto:thorlaeifr@marwick.eastkingdom.org">thorlaeifr@marwick.eastkingdom.org</a>	908-406-0143
<b>Webmaster:</b> Lord Owynn Greenwood	908-447-2979



## *Canton of Gryphonwald Officers*

<http://www.settmourswamp.eastkingdom.org/gryphonwald.html>

**Seneschal:** Lord Pippin a'Bheithir (Pippin Carino)  
311 Somerset St, New Brunswick, NJ 08801  
[gryphonwald@settmourswamp.eastkingdom.org](mailto:gryphonwald@settmourswamp.eastkingdom.org)  
**Chancellor of the Exchequer:** Ryan (Ryan Brogan)  
[Gryphonwald-exchequer@settmourswamp.eastkingdom.org](mailto:Gryphonwald-exchequer@settmourswamp.eastkingdom.org)  
**Chatelaine:** Failenn Finn (Megan Geyer)  
[Gryphonwald-chatelaine@settmourswamp.eastkingdom.org](mailto:Gryphonwald-chatelaine@settmourswamp.eastkingdom.org)

This is the January 2010 issue of *The Mudpuppy*, a publication of the **Barony of Settmour Swamp** of the Society for Creative Anachronism, Inc. (SCA, Inc). The Mudpuppy is available from Baroness Elizabeth Hawkwood (Elizabeth Dobo, 71 Sky Manor Rd, Pittstown, NJ 08867). It is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA Inc. policies. Paper copies are available for a suggested donation of \$12 for 12 issues. Make checks payable to "SCA, Inc. – Barony of Settmour Swamp." For electronic (email) subscription, please contact [chronicler@settmourswamp.eastkingdom.org](mailto:chronicler@settmourswamp.eastkingdom.org) Copyright 2010 Society for Creative Anachronism, Inc. (except where noted) For information on reprinting photographs, articles or artwork from this publication, contact the chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

## *Barony of Settmour Swamp Officers*

<http://www.settmourswamp.eastkingdom.org>

<b>Baron:</b> Alexander MacGregor (Dave DeVito) 307 Village Drive, Somerset NJ 08873 baron@settmourswamp.eastkingdom.org	732-297-1721
<b>Baroness:</b> Rhiannon de Carreg Cennen (Bev Altrath) 163 Anderson Rd., Asbury, NJ 08802 baroness@settmourswamp.eastkingdom.org	908-537-7495
<b>Seneschal:</b> Lord Erec L'Claire (Eric Erb) seneschal@settmourswamp.eastkingdom.org	908-268-0725
<b>Sinking Tower Pursuivant:</b> Mistress Alys Mackyntoich (Alissa Pyrich) 180 W. Hanover Ave., Morristown, NJ 07960 herald@settmourswamp.eastkingdom.org	973-267-4818
<b>Knight Marshal:</b> Lord Aodhan O'Dunlaing (John Dowling) marshal@settmourswamp.eastkingdom.org	908-782-3303
<b>Chancellor of the Exchequer:</b> Lady Siobhna ap Prechainn (Elizabeth Green) e.rose.green@gmail.com	732-300-0303
<b>Chronicler:</b> Baroness Elizabeth Hawkwod (Elizabeth Dobo) 71 Sky Manor Rd, Pittstown, NJ 08867 chronicler@settmourswamp.eastkingdom.org	908-996-6315
<b>Chirurgion (Acting):</b> Master Phillip Reed the Facetious (Scott Berk) chirurgion@settmourswamp.eastkingdom.org	908-319-1847
<b>Webmistress:</b> Lady Eleanor Callaghan (Tami Yaches) webmaster@settmourswamp.eastkingdom.org	908-230-8617
<b>Minister of A&amp;S:</b> Baroness Jehannine de Flandres (Jeanne Berk) MAS@settmourswamp.eastkingdom.org	908-319-0765
<b>Mistress of Lists:</b> Lady Ceara MacKieran MoL@settmourswamp.eastkingdom.org	
<b>Chatelaine:</b> Morgaine a Bheithir (Robyn Bauman) chatelaine@settmourswamp.eastkingdom.org	732-297-8240
<b>Marshal of Fence:</b> Lord Owynn Greenwood (Michael Sklower) fencing@settmourswamp.eastkingdom.org	908-447-2979
<b>Marshal of Thrown Weapons:</b> Padraig Quinn (Michael Piscetelli) thrownweapons@settmourswamp.eastkingdom.org	908-208-9662
<b>Captain of Archers :</b> Lord Thorlaeifr Hvitskegg (Anthony Depczynski) archery@settmourswamp.eastkingdom.org	908-406-0143
<b>Chamberlain:</b> Lady Gudrun Gudmunderdottir (Pat Butler) 626 Oxford St., Belvedere, NJ 07823 chamberlain@settmourswamp.eastkingdom.org	973-219-5694

