# The Mudpuppy



November, 2004

## Calendar of Events

#### November

6 Haus von Halstern Winter Wolf Tournament
(Shire of Rusted Woodlands - Sparta, NJ)
13 100 Minutes of Ragnarok (100 Minutes War)
(Shire of Rusted Woodlands - Augusta, NJ)

#### December 2004

4 Dinner, Dance, and Desserts
(Shire of Iron Bog - Swedesboro, NJ)
11 Bhakail Yule Revel
(Barony of Bhakail - Philadelphia, PA)
11 Mistletoe Revel
(Shire of Barren Sands - Pomona, NJ)
17-19 East Kingdom Brewers Collegium
(Crown Province of Ostgardr - Peekskill, NY)

## January 2005

8 East Kingdom Twelfth Night (Barony of Dragonship Haven - Bridgeport, CT) 15 Bellringers: The Investiture (Barony of Carillion - Jackson, NJ)

## **Practices and Activities**

#### **Archery Practices:**

Sundays – 1:00pm in Pittstown (exit 15 off Route 78).

#### **Arts & Sciences Activities:**

1st and 3rd Wednesdays, 7:00pm, St. Luke's Episcopal Church, 346 High Street (Rt 609), Hope, NJ. Contact the NW Canton Seneschal for information.

#### **Monthly Business Meetings:**

2<sup>nd</sup> Monday of the month, location changes. See the Mudpuppy or the Baronial website for location and directions.

#### **Youth Fighter Practices:**

2nd and 4th Sunday of the month, assuming that we do not have a conflict with a major holiday, church function, or local SCA event. Our first scheduled day is 12/14/03. Time is from 1:30 pm to 4:00 pm.

St. Paul's Lutheran Church, Rte. 31, Flemington

#### Calligraphy Workshop

1st Tuesday of the month at the home of our Baron and Baroness, 39 Claire Dr., Bridgewater, NJ 08807

This is the October 2004 issue of *The Mudpuppy*, a publication of the **Barony of Settmour Swamp**, a branch of the Society for Creative Anachronism, Inc. It is not a corporate publication of the SCA, Inc., and does not delineate SCA, Inc. policies. Subscriptions are available for \$12 per year. Make checks payable to "SCA, Inc. – Barony of Settmour Swamp."

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## **Directions to Practices**

#### Fighter Practices, Moose Lodge, Edison

From I-287 South take Exit #3 – New Durham/Metuchen. Turn RIGHT at light onto New Durham Road. At next light, make a RIGHT onto Talmadge Road. At next light turn LEFT onto Coolidge St. Go 0.2 miles; make a LEFT into Moose driveway/parking lot.

From I-287 North take Exit #2B – New Brunswick/Rte. 27 South. Tamp traffic flows onto Rte. 27 South. At third traffic light turn RIGHT onto Talmadge Road (Sturgis Road). Go 1.8 miles to 3rd light; make a LEFT onto Coolidge St. Turn LEFT into Moose driveway.

#### Youth Fighter Practices, St. Paul's, Flemington

St Paul is located along Route 31 in Flemington, next door to the Hunterdon Medical Center, two miles north of the Flemington Circle From Route 287

Go I-287 to US-202 (Exit 17)., go Southwest on US-202 to Flemington NJ

Make first right in circle to get on NJ-31 North Follow signs to Hospital Make first Left past Hospital onto Gaunt Place, church is on left.

From Route 78 in Pennsylvania

Go East on I-78 to NJ-31 (Exit 17) Then Go South on NJ-31.

Follow signs for Hospital.

Make right onto Gaunt Place church is on Left.

From New Jersey Turnpike south to I-78 WEST/NEW JERSEY TPKE EXT EAST RAMP towards EXITS 14 TO 14C/CARS-TRUCKS-BUSES.

Merge onto I-78 WEST RAMP.

Merge onto I-78 W.

Take I-78 EXPRESS Lane W towards GARDEN STATE PARKWAY / CLINTON.

Merge onto I-78 EXPRESS Lane West. I-78 EXPRESS Lane West becomes I-78 W.

Take the I-287 exit, exit number 29, towards SOMERVILLE (US-202/206).

Merge onto I-287 SOUTH RAMP.

Merge onto I-287 S.

Take the US-202 SOUTH/US-206 SOUTH exit, exit number 17, towards SOMERVILLE (US-22 W) / FLEMINGTON.

Stay straight to go onto US-202 S. until you reach Flemington Take first Right on circle to stay on NJ-31 North Follow signs to Hospital Make first Left past Hospital onto Gaunt Place, church is on left.

From Garden State Parkway

Go North on GARDEN STATE PKWY (Portions toll) to I-195 (Exit 98).

Go West on I-195 to I-295.

Go North on I-295 to I-95 SOUTH.

Go South on I-95 SOUTH to NJ-31 (Exit 4).

Go Northwest on NJ-31 to Flemington

Take first right on circle to stay on NJ-31 North Follow signs to Hospital Make first Left past Hospital onto Gaunt Place, church is on left.

From Philadelphia

Go North on I-95 NORTH to New Jersey.

Go North on I-95 NORTH to NJ-31 (Exit 4).

Go Northwest on NJ-31 to Flemington

Go 1/2 way around circle to stay on NJ-31 North Follow signs to Hospital Make first Left past Hospital onto Gaunt Place, church is on left.

#### From The Seneschal

Seraglio – Murder on the Silk Road is fast approaching, it will be held on November 20<sup>th</sup> in East Brunswick NJ. This year's event will be something different then anything we have done before. In addition to the classes, the wonderful entertainment and the delicious feast there will be an interactive murder mystery game. This event is always a fun time and this year should prove to be no exception. This is a small event so please get your reservations in soon.

I know spring seems ages away but we need to start planning for it. Mudthaw will be held a bit early this year, on March 5<sup>th</sup> 2005. We have a team of autocrats this year being lead by Mistress Alys Mackyntoich. If you would like to help out please contact her.

I am looking to hear from people who would like to be considered to autocrat next years Quest and also a Head cook.

The Autocrat for Quest will be selected at the November 2004 Baronial business meeting. Quest planning will be started at the December meeting. If you are interested please send me your name and contact information and any ideas you have for the event. I.e. themes, activities etc also any known co-autocrats and staff. While there can be several co-autocrats there will need to be one head autocrat. If you know of a head cook you would like to work with you may mention that but speak to that person and have them submit a request to cook Quest. All Autocrats need to be paid SCA Inc members and if you live outside of the swamps zip codes you will need a co-autocrat who is a paid SCA member who lives within our zip codes. As Autocrat you will be expected to attend the monthly business meetings starting in December through the June meeting (for the post event report). Once the Autocrat has been selected we will then review the people interested in cooking. If you have any questions on this please contact me either by e-mail ddevito "at" patmedia.net or by phone (732) 297-1721.

I look forward to seeing many of you at seraglio and hearing from many autocrats and cooks looking to run Quest.

Yours in service Alexander.

#### From the Baron and Baroness

Greetings from Teric and Paigan, Baron and Baroness of Settmour Swamp!

The leaves are starting to turn colors and the cooler shorter days of Fall are upon us... Spring seems a long ways off, but before you know it, we'll be gathering at the Black Gryphon Inn -- a Slavic-themed tavern this year -- and soon after we'll be hosting that great mucking event called 'Mudthaw' again... Making these events happen means lots of planning and preparations in the months beforehand, so we encourage everyone to contact the autocrats to see what you can do to help make these events special and smoothly run.

But before all that, we'll be joining you on the Silk Road at the fabulous Settmour Seraglio on November 20th --- this is always a great event that sells out beforehand, so if you haven't already, get your reservations in now.

In November we'll also be going to the Winter Wolf event being held in Rusted Woodlands by members of Haus von Halstern on the sixth, and we hope many of you will also come and enjoy an excellent tourney followed by an excellent feast by Heinrikr and Dietrich, who also did a wonderful job the Lichtenauer event here in the Swamp last month -- yum! The following weekend, we'll be heading north again to Rusted Woodlands for Hundred Minutes War -- always a fun time with lots of great fighting, food and shopping.

Thanks to everyone who's been coming out to the recent local demo's, your efforts are appreciated! We'll be looking forward to seeing many of you soon, at events and local activities. Till then, be excellent!

--- Teric and Paigan

## Seraglio 2004, Murder on the Silk Road

This is the formal declaration that "Seraglio 2004" will take place on Saturday, 20 November, 2004 at our traditional site, the Unitarian Society of New Brunswick, at 176 Tices Lane, East Brunswick, New Jersey. Attendance will be limited to 80 on-board reservations. The cost of the event will be \$18.00 and reservations are mandatory as the hall is fairly small.

This year, in addition to various classes to be held during the day (teachers needed), there will be an interactive murder mystery game with the theme of, "Murder on the Silk Road", see below for details The Author of the Game is Baron Dur of Hidden Mountain.

The game will be played upon your entry to The Swampish Caravansari, all are invited, nay encouraged to participate! The game will continue on during the Feast, which will also be punctuated with glorious entertainment.

The site will open at 10 a.m., and clean-up begun by 10:00 p.m. in order that we be quit of the building by 11:00 p.m.

Merchants are welcome, but there is VERY limited space; and Merchants will be asked to provide their own tables and let us know how big the tables are when they reserve their space. There will be space for about 5-7 Merchants to ply their wares.

There will be a sumptuous Feast with foodstuffs commensurate to the area of the world that we will be focusing on: The Silk Roads; The Swampish Caravansari is situated in the City of Samarkand. Feasters will have the option of Eastern (floor with cushions) or Western-style (standard chairs and tables) seating. Bringing one's own pillows, fluffy or otherwise is encouraged, so that you may be comfortable during the murder inquiry. Livestock of an Unnatural and/or Ersatz Nature are welcome.

There will be Crafts and Projects of an A&S nature on display throughout the entire event; and perhaps a more active A&S activity, at the whim of the Minister of A&S.

The usage of the area of the Silk Roads location "offers opportunities to consider major themes in...history-the significance of trade, the spread of religions, the diffusion of technologies and artistic motifs, and the development of powerful military forces and empires. Yet perhaps even more appealing...is the opportunity" for people of many different personae to interact in an historical milieu that will allow some learning to take place, inadvertently (shhh! don't tell). People from variously different places and cultures met, here in Samarkand along the Silk Road, were suspicious of and got to know one another, eventually. The courageous among you may even be tempted to speak to someone from Another Land, and since we are in a Caravansari, that means everyone; even you! And it will be a lot of fun.

#### Needed:

Volunteers for: set-up (decorating, logistics, etc) and clean-up needed, so please do volunteer (or we'll put you, outside with the overflow livestock!) and thank you!

Teachers for classes please contact the Provost and tell him what you'd like to teach. Just to clarify, subjects related to the Silk Roads, Near, Middle and Far East are encouraged, but if you have something really cool to teach on an unrelated subject, we welcome you to do so.

Kitchen crew will also be needed.

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#### **At-a-Glance Event Information**

#### Site:

Unitarian Society of New Brunswick,

176 Tices Lane, East Brunswick, NJ. Site Opens: 10:00 Site Closes: 11:00

**Event Fees:** 

**Site:** \$18 site fee **Send Reservations to:** 

Autocrat. Please specify whether you prefer Eastern seating (on the floor, at low tables, you provide your own cushioning) or Western seating (chairs provided, tables at regular Western table height).

#### Autocrat:

Robyn Bauman, 171 Nathan Drive, North Brunswick, N.J. 08902; 732-297-8240; mesidhe@aol.com

Co-Autocrat: Arianne "Rummi" Grosky

Author: Baron "Shepherd of Many" Dur of Hidden Mountain

**Feastocrat:** Lady Berelinde Cynewulfdohtor

Provost (in charge of classes): Mathias "Mathias" Eclipea Blackheart D'Mer MathiasSCA@aol.com and/or yahoo.com

Musical Directress: Lisa "Sorcha" Brady

Make Checks Payable to: SCA, Inc – Barony of Settmour Swamp

## A little Historical Information about the Silk Road

Samarkand was at a crossroads of the Silk Road, the route that goods, people and most importantly, ideas traveled along to connect East and West. It is located in present-day Uzbekistan. This route "linked the civilizations of Eurasia for much of pre-modern history, starting as early as the second century B.C.E., if not earlier. China, Central Asia, West Asia, and, to a lesser extent, Europe, were placed in touch with each other via the Silk Roads. The economic significance of their contacts in pre-1500 history may have been exaggerated, but their cultural impact can hardly be overstated, and the political influences, particularly during the era of the Mongol empire, have only, of late, received much attention.

Major themes of cultural borrowing, interactions of civilizations, and the development of new economic institutions and technologies to facilitate commerce, together with the sheer excitement of travel and adventure, can be conveyed through historical descriptions of the Silk Roads" (from: http://www.aasianst.org).

## A Call for Quest Autocrat Volunteers

I am looking to hear from people who would like to be considered to autocrat next years Quest.

The Autocrat for Quest will be selected at the November 2004 Baronial business meeting. Quest planning will be started at the December meeting. If you are interested please send me your name and contact information and any ideas you have for the event. I.e. themes, activities etc also any known co-autocrats and staff. While there can be several co-autocrats there will need to be one head autocrat. If you know of a head cook you would like to work with you may mention that but speak to that person and have them submit a request to cook Quest. All Autocrats need to be paid SCA Inc members and if you live outside of the swamps zip codes you will need a co-autocrat who is a paid SCA member who lives within our zip codes. As Autocrat you will be expected to attend the monthly business meetings starting in December through the June meeting (for the post event report). Once the Autocrat has been selected we will then review the people interested in cooking. If you have any questions on this please contact me either by e-mail

ddevito "at" patmedia.net or by phone (732) 297-1721.

I look forward to hearing from you.

Yours in Service Lord Alexander Macgregor Seneschal Barony Settmour Swamp

## A Recipe for Torte de Zanahoria

Submitted by Brighid ni Chiarain

#### Torta de Zanahoria

Carrot Pie

Wash and scrape the carrots, and remove them from the water and cook them in good meat broth, and being cooked remove them and chop them small with the knife, adding to them mint and marjoram, and for each two pounds of chopped carrots [use] a pound of Tronchon cheese and a pound and a half of buttery Pinto cheese, and six ounces of fresh cheese, and one ounce of ground pepper, one ounce of cinnamon, two ounces of candied orange peel cut small, one pound of sugar, eight eggs, three ounces of cow's butter, and from this composition make a torta with pastry above and below, and the tart pan with pastry all around, and make it cook in the oven, making the crust of sugar, cinnamon, and rosewater. In this manner you can make tortas of all sorts of roots, such as that of parsley, having taken the core out of them.

Diego Granado, Libro del Arte de Cozina, 1599

#### Redaction:

1/2 lb. carrots, cooked and drained
4 oz. mozzarella, shredded
6 oz. monterey jack, shredded
1-1/2 oz. ricotta cheese
1-1/2 TBS butter
1/2 oz. candied orange peel
1/4 tsp. dried marjoram
1/2 TBS cinnamon
1/2 tsp dried mint
2 large eggs, beaten
1/2 c. sugar
pastry for 2-crust pie (preferably made with butter)
cinnamon sugar
rosewater

Preheat oven to 375° F. Combine all of the filling ingredients and mix thoroughly. Place in the bottom crust. Put on the top crust, and seal the edges well. Brush the top crust with rosewater, and sprinkle with cinnamon sugar. Bake for 45-50 minutes, until the crust is brown, and the filling is set.

I made some substitutions in the cheeses. I have been unable to identify Pinto cheese, so I substituted mozzarella, which is a period cheese (Granado refers to it in other recipes). Tronchon is a Spanish variety which is still produced today, but it is rare and hard to obtain. Its flavor is supposed to be mild, and I thought Monterey Jack, though a modern cheese, might work in this recipe. Fresh cheese is a soft, newly-made cheese, and Ricotta has a similar taste and texture, even though it is a whey cheese.

## **Brie Tart**

from Wilhelm van Utrecht

#### **INGREDIENTS:**

1/ 8-inch unbaked pastry pie shell or 12 individual unbaked pastry shells, i-inch diameter.

1/ LB Brie Cheese with rind.

6/ Egg Yolks

1/4 teaspoon ginger

1/ teaspoon brown sugar

1/8 teaspoon safron

1/4 teaspoon salt

1/ teaspoon white sugar

1/2 teaspoon cinnamon

#### METHOD:

- 1. Bake pastry shell "blind" to harden for ten minutes at 425 degrees. Cool reset oven to 375 degrees.
- 2. Remove rind from chilled cheese and cut the rind intp small pieces with moistened knife.
- 3. Beat softened brie cheese, yolks, ginger, brown sugar, saffron and salt until smooth.
- 4. Pour into pastry shell.
- 5. Strew cut up rind over the surface of the pie.
- 6. Combine cinnamon with the white sugar and sprinkle around the pastry edge.
- 7. Bake until set and golden brown, about 30 minutes at 375 degrees. If you make individual tarts, bake for twelve minutes or less. Serve warm or cold.

Good eating.

## **Medieval Cooking Web Sites**

Researched by Lady Elisabetta

Gode Cookery http://www.godecookery.com/

Medieval Cookery

http://www.medievalcookery.com/ and their period source Cookbook page: http://www.medievalcookery.com/search.html

Recreational Medievalism (aka Cariadoc and Elizabeth's webpage) http://www.daviddfriedman.com/Medieval/Medieval.html

Medieval/Renaissance Food Homepage http://www.pbm.com/~lindahl/food.html

The Hitchhiker's Guide to Ancient Cookery http://www.panix.com/~nexus/cooking/

A Study of Cooking Tasks, Methods, and Equipment in the Renaissance Kitchen http://www.geocities.com/katjaorlova/MedievalKitchenEquipment.htm

## Canton of Marwick Officers

http://www.marwick.eastkingdom.org

Seneschal: Lord Erec L'Claire (Eric W. Erb)732-926-02971621 Terrill Road, Scotch Plains, NJ 07076lorderec@aol.comKnight Marshal: Lord Simon Fitzgilbert (Scott Thomas)908-259-9070

Sqsymon@aol.com

**Exchequer:** Frau Anna von Argenthal (Valerie Frank) 908-232-8111 256 Eton Place, Westfield, NJ 07090 argenthal@comcast.net

Mistress of A&S: Lady Ansitruda Helgasdottir (Janet Thomas) 908-259-9070 Ansitruda@aol.com

(Archery Captain)

## Canton of Gryphon Wald Officers

http://community-2.webtv.net/ragnarr1001/WELCOMETO/

Seneschal: Lord Ragnarr Dragonheart (Kim Piersanti)
7 Ten-Eyck Place, Edison, NJ 08820 ragnarr1001@webtv.net
Herald: Lord Eric the Wandering Horseman (Fred Henninger) 609-921-0415
PO Box 10834. New Brunswick, NJ 08906 wanderhrse@aol.com
Minister of A&S: Gwynedd Pendragon of Golderfern (ShayMaria Silvestri)
20 N. 2<sup>nd</sup> Avenue, Highland Park, NJ 08904 732-219-5694
StreamDancer7@netscape.net

## **Northwest Canton Officers**

http://www.settmourswamp.eastkingdom.org/tirmynydd

**Seneschal:** Lehoric Silverwater du Mer (Peter Butler) 973-219-5694 (leave message) dreamer81465@yahoo.com

## **Barony of Settmour Swamp Officers**

(baronial e-mail addresses are @settmourswamp.eastkingdom.org)

http://www.settmourswamp.eastkingdom.org

Baron & Baroness: Sir Teric Gwynedd & Mistress Paigan Crawford		
(Theo Stern & Leticia Running)	908-252-9964	
39 Claire Dr., Bridgewater, NJ 08807 baron@	baroness@	
Seneschal: Lord Alexander MacGregor (David DeVito)	732-297-1721	
307 Village Drive, Somerset, NJ 08873	seneschal@	
Sinking Tower Pursuivant: Mistress Alys Mackyntoich	(Alissa Pyrich)	
180 W. Hanover Ave., Morristown, NJ 07960 herald@	973-267-4818	
Knight Marshal: Lord Jeremiah of Brunswick	908-725-4356	
(Jay Hitesman)	marshal@	
Chancellor of the Exchequer: Master Griffyn ap Madoc	(John L. Pyrich)	
180 W. Hanover Ave., Morristown, NJ 07960 exchequer@.	973-267-4818	
Chronicler: Lady Eleanor Callaghan (Tami Yaches)	908-230-8617	
95 Irvington Ave. Somerset, NJ 08873	chronicler@	
Webmistress: Mistress Jessa d'Avondale (Marla Lecin)	732-563-1029	
362 Cherry Avenue, Bound Brook, NJ 08805	webmaster@	
Master of A&S: Erik Mathias d'Mer (Eric Mathias Kaplan)	973-600- 2721	
	MoAS@	
Mistress of Lists: Lady Rhiannon de Licorne (Bev Altrath)	908-573-7495	
163 Anderson Rd., Asbury, NJ 08802	MoL@	
Equestrian: Lady Tessa Boncheval (Theresa LoGullo)	908-359-7357	
676 H Marshall Road, Hillsborough, NJ 08844	equestrian@	
Chatelaine: Lady Gabrielle Gealbhan an Ruadh (Gabrielle Rosen)908-431-1175		
17 Dixon Lane, Belle Mead, NJ 08502,	chatelaine@	
Marshal of Fence: Xavier Matejka (Steven Mateyka)	732-742-8882	
99 South 21st Street, Manville, NJ 08835,	fencing@	
Captain of Archers: Baroness Elizabeth Hawkwood (Beth Dobo)908-996-6315		
71 Sky Manor Road, Pittstown, NJ 08867	archery@	
Chamberlain: Lady Berelinde Cynewulfdohtor (Ruth Tannahill)		
Phillipsburg, NJ	chamberlain@	
Youth Combat: Lord Draguin atte Maeldun (Ken Kovacs)	908-782-7393	youth_combat@